

# BODHI TREE

A Pittsburgh Area Inspirational Magazine of  
Metaphysical, New Thought Lightwork



**What Is Our New Normal?**  
**Emerging from the Pandemic    Fall 2021**

# CONTENTS

3. [ARE YOU A SEEKER?](#)

4. [MINDFUL IGNORANCE](#)

5. [THE NEW NORMAL](#)

6. [A NEW NORMAL IN THE MAKING...?](#)

7. [CHOOSING LOVE OVER FEAR](#)

8. [REDEFINING "NORMAL"](#)

9. [ADVENTURES IN YARN: A NEW NORMAL](#)

10. [MOVING FORWARD THROUGH NOW](#)

11. [IT'S THE END OF THE SPIRITUAL DARK AGES](#)

12. [MYNEW NORMAL](#)

13. [WE ARE BUILDING OUR FUTURE](#)

14. [BACK COVER](#)

*PICTURED ON THE LEFT ARE THE 10 BODIE TREE AUTHORS FOR THIS ISSUE. IF YOU CLICK ON EACH FACE, YOU WILL BE TAKEN TO THE ARTICLE THEY PROVIDED. PLEASE THANK THE AUTHORS BY FORWARDING THIS MAGAZINE TO YOUR FRIENDS.*

***IT TAKES A COMMUNITY TO SHARE THE LIGHT!***

**[WWW.BODHITREEMAGAZINE.COM](http://WWW.BODHITREEMAGAZINE.COM)**





# Seekers:

The groups on the right are recommended.  
Some are in-person and some are online  
Some are both online and in-person.

Our Local Calendar is updated periodically.  
See <http://www.tinyurl.com/peaceburgh>  
Safe and noteworthy events that come to  
our attention are posted on the event calendar.

Below are also a few suggestions to explore.

**1. ARE - Edgar Cayce** Free Zoom study group,  
Monday at 7:00pm. Every Friday evening video  
shares also at 7pm. The organizer is Beth Ehrlich  
at [beth.ehrlich@gmail.com](mailto:beth.ehrlich@gmail.com) or 412-297-3913 for  
more information.

**2. Astrology Unplugged** - Free Zoom meeting  
every Thursday providing insights on current  
events. Occasional guest speakers. Hosted by  
DiClemente, author of "The Exquisite Zodiac"  
Review of charts of those in the news. [https://  
www.starself.com/unplugged-info/](https://www.starself.com/unplugged-info/)

**3. Meetup Groups** around town that may be  
online or in-person. You need to join [http://  
www.meetup.com](http://www.meetup.com) (free) and search for groups  
within 50 miles. Many are open-minded and  
spiritual. We have a meetup there, with events  
planned in the coming year. Please join now at  
<https://www.meetup.com/Heart-of-Pittsburgh/>

**4. Unity Center** has Youtube channel has an  
archive of all the services that happened online.  
Enjoy! [https://www.youtube.com/channel/  
UCmxMWj5yftk0rWls19zLcBA/videos](https://www.youtube.com/channel/UCmxMWj5yftk0rWls19zLcBA/videos)

**5. Local Online Course of Love** study group is  
offered via Unity Center Pittsburgh, Call Lynn  
with any questions at (412) 559-5821.

<https://www.unityofpittsburgh.org/>



<http://www.cslgreaterpittsburgh.org/>



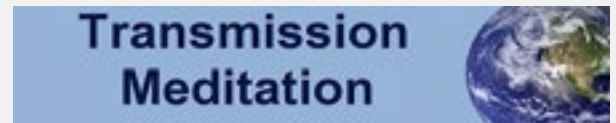
<http://omapittsburgh.org/>



<https://www.meetup.com/eckankarofpa/>



<https://www.meetup.com/Pittsburgh-Transmission-Meditation/>



[Pittsburgh Bleep-lons Facebook Group](#)

[LEE ROBINSON <timespace337@gmail.com>](mailto:LEE.ROBINSON<timespace337@gmail.com>)



# Mindful Ignorance

By Paulette Glover

[www.PauletteGlover.com](http://www.PauletteGlover.com)

[mindfulseedlings@hotmail.com](mailto:mindfulseedlings@hotmail.com)

**“Nothing in all the world is more dangerous than sincere ignorance and conscientious stupidity.”**

**~Martin Luther King, Jr.**

Here we are, over fifty years later, and we still have groups of people in our society who are proud of their ignorance. Proud of being prejudice. Proud of being racist. Proud of being angry. Proud of being bullies. Proud of believing nonsense. Proud of diving into the abyss of lies. How can this still be so? How can we as a society not have learned the dangers of ignorance?

Whereas, people who are mindful accept others for who they are, offer forgiveness without judgment, -foster healthy relationships, and advocate for the greater good in a caring society. Yet, people who practice mindfulness may feel physically threatened by the ignorant. How can the benefits of mindfulness not be obvious to everyone?

Recently, at my local post office, there was a long line, and I noticed that everyone was wearing a mask, including me. As I was leaving, there was a senior lady crossing the street to enter the post office, so naturally, I held the door open for her. When she got closer, she turned on me with the meanest, ugliest look that would rival Cruella de Vil. She shouted “TAKE OFF THAT MASK!” as her hand reached to grab it off my face. I jerked back and she missed. Her hand then turned into a fist in my face and she stormed into the post office. I was stunned. Had I really just been accosted?

I can't recall ever being that angry since the fifth grade. Thoughts of revenge swept through my mind. I wanted to follow her into the post office and scream in her face. I wanted to slap her. I wanted her ignorance exposed on the 6:00 news. How dare she!

While only seconds had passed, I was still holding the door open when a young mother with two beautiful little girls walked past.



All three were wearing masks. All three said “Thank you.” Did the mother witness the scene? I don't know, but their appreciation brought me back to being mindful. Those two words of gratitude helped me to refocus and take back my power.

Know that ignorance is not age-related. Ignorance is chosen.

While I had no judgment of this woman who chose not to wear a mask, she imposed and acted upon a judgment and prejudice of me wearing one. Is this the new normal?

Mindfulness is the only self-defense against such ignorance and brazenness. She didn't know me. She didn't know why I wore a mask. All she knew was that she wanted to impose her lack of values onto me.

Con artists and hypocrites at the highest level of government have brought ignorance to a new awareness. The veils of bigotry and hatred have been lifted and exposed. It is through the use of mindful techniques that we are obligated to raise consciousness to live in the state of compassion and gratitude so that a healthy society is able to create and flourish.

# THE NEW NORMAL

BY: Rev. Mary Ann Trifaro

<https://www.cslgreaterpittsburgh.org/>



We have made a few changes at the Center for Spiritual Living Greater Pittsburgh. The biggest change is that all of our Sunday Services are now on zoom. This meant that a lot of us had to learn new skills. Some took to it right away and others are still learning. This is a good thing. We all have come together to help each other.

I have found that a lot of people like the convenience of being able to watch the Sunday Service in the comfort of their own homes without have to get dressed for Church and going out.

On the other hand, I have found that some spend so much time at work on the computer that they do not want to be on the computer for one more minute. They want to use their weekend to catch up on errands and rest.

I know there are many who miss the getting together with like-minded people to have discussions that maybe they can't have with anyone else.

This has given us the opportunity to be creative. The good is that we have created many afternoon activities. We have a monthly labyrinth walk, we love our lunches, and we have gone on some nature walks. We have a potluck being planned for the holidays. We also put together a Wednesday night speaker series.

We recently went on a Friday to Saturday retreat at Laurelville Retreat center and it was an enriching experience. We will be doing more retreats. We also had a few people go to Lilydale during the summer.

We are open to developing new experiences and hopefully we will find a place to meet in person for at least once a month gathering with a guest speaker and of course food.

Globally, I believe the world got a reset. It was a chance to reprioritize Values and Ethics.

These world events that we all have been going through have shown us where the work needs to be done.

Many have found ways to be more inclusive and reach out to others. Many have found that some things have become unnecessary. Others have experienced emotional challenges.

I believe that everyone has the opportunity to learn new ways of showing up for others with acts of kindness, patience and forgiveness.

I also believe that these times are for self growth and spiritual development.

We can always learn something new about ourselves. Others can project to us where we need to be more patient. We can learn where we need to let go of inner beliefs that are holding us back.

My personal belief is that The Infinite Presence of Love and Goodness are always available to us and it takes each of us to shift our thinking to see the Good. When we see the good within ourselves we are more able to see it in others and the world.

I also believe that these are the times that we have been waiting for. The world is changing for the good and we are a part of it.

"Evolution is an eternal unfoldment. Life reveals itself to whoever is receptive to it".  
Ernest Holmes

Check out our website for more information and classes: [cslgreaterpittsburgh.org](https://www.cslgreaterpittsburgh.org) All of our events and zoom connections are listed on the calendar of events.

You can call me anytime or email me if you would like more info. 724-554-1773  
[maryanntrifaro@aol.com](mailto:maryanntrifaro@aol.com)



# A New Normal in the Making...?

by Sheila Forrester

“**New normal**’ is a term being used to describe our current point in time as we move through the Covid pandemic, which has had such a devastating impact on the majority of people’s lives. Aside from Covid, we are also dealing with crises in our political, environmental, economic, and social lives, increasing the tension that is robbing many of us of sleep.

These current challenges have me reevaluating my life for what is really important and what isn’t. Part of my new normal is finding opportunities for deeper connections with loved ones, supporting local businesses, volunteering for causes close to my heart, relying more on facts and science, and nature has become a new source of solace.

Moreover, I find myself looking deeply into the problems associated with the inequality brought about by the state of our social/economic/political systems. I’ve been comparing the suffering of so many people with those relatively few whose fortunes continue to skyrocket. It is simply not fair.

And yet pain and heartbreak, although difficult, can help awaken us to a deeper soul calling. I believe there is sufficient evidence of a broad, human awakening happening today. I’m seeing greater empathy towards human suffering – the hungry, homeless, jobless and isolated, and we’re shifting our perspective on mental illness and addiction. Complete strangers are responding to those in need through acts of kindness and altruistic service.

This greater demonstration of Love in action is a prerequisite before Maitreya, the World Teacher for this Aquarian Age, can publicly appear before the world to teach openly. Maitreya says we must begin to get our ‘house in order’ by creating universal Justice and Freedom.

We must begin to ensure the basic necessities of life for all men and women: clean water, nourishing food, safe shelter, effective healthcare, and education.



We must restore Nature’s balance and begin to transform our systems into structures that nourish the very best in the human heart and encourage love to flourish everywhere. Until those requirements are beginning to be addressed, Maitreya must work from behind the scenes, incognito, inspiring people globally in all fields of endeavor to address these necessary changes. He is often among the people at major demonstrations calling for a better life. Maitreya’s inspiration and guidance are available to all, yet it is humanity’s job to act and implement the plans he advises.

We who live in a ‘democracy’ are doubly responsible for speaking up for those who have no voice. Maitreya, too, speaks for the voiceless, the poor, sick, hungry, and oppressed throughout the world, regardless of tradition and culture. Although we may feel at times overwhelmed by the challenges we face, we live in a time of supreme opportunity.

Let’s examine how we live, and pause to reflect what the future may bring, personally and collectively. Let’s dedicate this time to what we are inwardly called to do – to rebuild and remake our world and ourselves. Extraordinary help is at hand.

For more info: [www.share-international.us/](http://www.share-international.us/)

412.952.7974 [info-mw@share-international.us](mailto:info-mw@share-international.us)

OLD Relationships are  
LEAVING

# Choosing Love Over Fear

*BUILDING A BETTER LIFE*

BY TAMAR GEORGE

<http://www.tamargeorge.com>

[STARLIGHT@TAMARGEORGE.COM](mailto:STARLIGHT@TAMARGEORGE.COM)

With so much division happening in relationships, we are challenged to build new skills in relationships that fit with the incoming energy of Unity. Having a bigger picture of how that could work is what this illustration is about.

Let's say the person sitting in front of the computer chooses the game to play, then chooses an avatar, color of hair, male/female etc. In the big picture it's the spirit that chooses to come into Earth to use its many skills, talents and abilities. The ultimate plan of winning the Earth game is to choose love over fear.

We do that over and over until we learn that skill. Similar skills are needed in the computer game. We have to go through the many levels to understand how that level works in order to go on to the next level.

'Old soul' means someone who has been through many levels.

If we meet a significant other in the game, it's so they can help us through that level. That also means they have to help us be our best. Whatever that best is at that level. Most of the time it means the best spiritual human you can be.

So having the same vision helps to move us through that level together and that common vision keeps everyone focused.

Hopefully having that vision is a constant reminder (not to go off) wandering in a different direction. Therefore you have to know what the game plan is and trust one another to overcome the obstacles.

Most people get distracted in the game and lose their passion while making a choice to forget what the vision actually was? Or they forget to constantly praise one another for their investment in the vision. because the other is cheering them on. It doesn't matter if they are not equals in skills, talents and abilities, that's just a matter of negotiation.

In the computer game illustration, it doesn't matter if someone is doing and solving most of the obstacles

What do they want? Here's what I want? Bottom line: a relationship is all about commitment to the Vision.

Commitment to helping the other to be the best spirit in human form they can be.

And for all of that you got to have your self-esteem/ego (I am enough) your heart (I'm able to actually 'feel' vibrant emotions toward you) in the game.

"Love is a two-way street constantly under construction." ~ Carroll Bryant

That's my work this life as a psychic coach is to help unraveling the levels, finding that vision, raising that passion while using my intuition to 'see' where people's heads are in the game.



# Redefining “Normal”

By Suzanne Bishop  
[yintree@gmail.com](mailto:yintree@gmail.com)

The most obvious change from “normal”, is that we all, as one, see our old “normal” next to the new “normal”. Awareness is heightened in me and others. Right now, we have more than 4 Retrograde planets. Like a cosmic mirror, we see ourselves and us (collective) more clearly than we have ever personally and collectively.

Is this Earth experience a skillfully choreographed dance or real-time movie of our Soul’s design? I think so. ALL of the massive change we experience as a collective whole AND on a unique personal level was part of this master process of becoming whole, becoming ALL, becoming Light. In that we can see the process so clearly now, propels us even faster to the Home of our deeper selves and our inner Light. Light that will emerge more and more externally, to pave the way to New Earth. Revelation is here. It is the pain that humanity brought upon itself that lights the way for Light to become manifest externally.

—The words written above were just brought forth via channeling.

What I, the author, see everyday around me in my world through my unique lens:

—people are more frightened (almost like a deer caught in headlights kind of fear.), but reaching out to others (strangers too) on the mental, emotional, plane more. This brings at times an unspoken sense of unity.

—I am now hyper aware of my personal space and who breaks my person boundary space. I have seen others as more aware too.

—getting my bucket list completed is taking center focus for me. Feels like time has sped up so fast that the future really is NOW. Taking chances on my bucket list and taking it serious is here. A “what is there to lose” kind of sentiment is lurking in the background.



*A bridge to new normal ~ photo credit by author*

—The Retrograde Planets seem like the last intense push to realize our divine true nature, and then with patience and strength act on that divinity within.

—so much more, but lastly, that the word normal does not fit anymore to describe it as an ideal. That ideal of what we all thought was normal were all lies anyway.

NOW we are not only in the cosmic show or dance or movie, but filmmakers and screenwriters and choreography folks as well. AND we proudly stand by our triumphs and mistakes as our own.

Suzanne, former Pittsburgh native moved to Southwest, looks forward to her cosmic and human growth stemming from our painful past. New Day—New Dawn—New US—New Divinity made external. Yes!

Contact her at [www.intuitz.com](http://www.intuitz.com)



# Adventures in Yarn: a new normal

By: [Rebecca Harmon](#)

<https://practitionerspath.wordpress.com/>

The past year and a half brought a lot of “new” things into many of our lives. Some were scary and frightening, while others were pleasant and even welcome! As part of my own spiritual journey, I have decided to focus my attention on the blessings, even as I acknowledge/respect some of the scarier aspects along my path.

The shutdowns that came with the wave of COVID-19 precautions changed the way we do MANY things: from shopping, attending school or college, participating in weekly religious/spiritual gatherings and even work situations – it seems that EVERYTHING has changed.

For many, this shift was disruptive, but for others, it brought welcome new customs and habits. In my own corner of the world, I rediscovered the joy of yarn. With less pressure at work (my role transitioned to being mostly remote), I had more time to explore the creativity of crocheting and knitting – skills I had learned decades ago and that often fell to the wayside as the demands of my professional life and career took center stage.

With more “bandwidth” in each day I was able to select, start and finish several projects that happily coincided with the arrival of my 4th grandbaby this past April, like the



sweater pictured above.

I also indulged in several “fun” projects for older grandchildren like small “amulet” bags for secret treasures, a crayon pencil case, and headbands/ear warmers. Yes, there has been a lot in the news to cause worry and concern – but instead of focusing on those things, I turned to a practice that my grandmothers and great-grandmothers passed down to me many years ago: the crafting of things with my own hands to give to others.

The world is slowly moving to a post-pandemic “normal”. While we will welcome the ability to return to old activities and gather once again with friends, I’m going to hold on a little longer to the slower pace. My “yarn adventures” have kept me grounded, peaceful and calm during a tumultuous time.

While it might be due to the Zen-like rhythm of making each small stitch, I think for me it is also a quiet connection to the women in my family who crocheted, knitted, and sewed through the last pandemic (1918) and passed down their skill for creating small tokens of love, one stitch at a time.



[Rebecca Harmon](#) is a college educator, writer and healthcare professional  
who has studied spirituality for several decades.

# Moving Forward: Through NOW

BY MARYANN HACKWORTH

"In any given moment we have two options: to step forward into growth or to step back into safety. What one can be, one must be."

-Abraham Maslow



Life is constantly changing. We sometimes dig in our heels and resist this fact. We hear people say that they yearn for tomorrow when things will be better, or they desire a return to former times when things were better. Yet it is quite likely that during these alternative times, there will still be a yearning for some other, "better" time. The awakened spirit knows the illusion of "some other time." While we can envision an improved tomorrow, we realize that NOW is the only time that really exists. It is always, eternally, the now moment; and it is from a conscious awareness of this present moment, that we create our best tomorrow.

The events of the past few years have served as a catalyst to reassess where we are spending our precious NOW moment. From what level of consciousness are we operating? We can look at these times as difficult and limiting, or we can see them as an opportunity to expand spiritual consciousness. Notice that when the mind focuses on fear and worry, our existence seems small and fragile.

Conversely, when we align with our spiritual integrity, we feel empowered. Using thoughts and spoken words with intention can purposefully achieve spiritual alignment. Throughout the day, when headlines screech for attention, become fully present. The NOW moment provides a space where new, inspired thoughts can arise; and we are then more likely to convey ideas that are uplifting to ourselves and others. We can make it a priority to offer words that provide comfort and connection to Source.

For example:

"Love is the power that lifts my spirit. I am love. I share love. I live from an awakened perspective about myself and others. I am willing to do my part to heal the world with love." These affirmative statements express Divine Truth.

Know that there are things we can control and things that are out of our control. However, it is always within our control to use the mind and words constructively. Unity co-founder Myrtle Fillmore described the following practice that she utilized as she healed her body from tuberculosis: "I did not let any worried or anxious thoughts into my mind, and I stopped speaking gossipy, frivolous, petulant, angry words." We have all become painfully aware of the results of divisive language. The out-picturing of this negative energy into our world has become very clear to us; and so we now more fully understand the adage: "as within, so without."

We have the power to step into the now moment and become friends with it. Sit with it. Walk with it. Breathe with it. Feel the aliveness of Now. It is who we are. From this awareness of NOW, we build a better tomorrow.

Maryann Hackworth Spiritual Director, Unity Center of Pittsburgh

<https://www.unityofpittsburgh.org/>

Now open for In-Person services as well as Live-streaming. Services are seen on YouTube and archived here: <https://www.youtube.com/channel/UCmxMWj5yftk0rWls19zLcBA>



# IT'S THE END OF THE SPIRITUAL DARK AGES

By: RickDiClemente

[www.starself.com](http://www.starself.com)

I just received a message from a reader who is waiting for “it” to change, i.e., her life. Well, that’s just it. There is no ‘it’. Granted, we are in the midst of 3 major changes to our country: 1) Pluto returns back where it was after 236 years, 2) Pluto squaring Eris, which will go on for at least a few more years, and 3) Neptune is opposite the natal Neptune in the USA’s chart.

All 3 of these are extremely major symbols for our lives. The planet has never lived through a Pluto square to Eris before. This is what is bringing us this very heavy feeling, because it simply is. Each of these planets are bringing us our STRENGTH, but, we have to own it and express it. It is all too common for folks to externalize everything: the planets are going to do it, the government is going to do it, my parents are going to do it.

The REASON we are in the current state of affairs is simply because we have been very poor stewards to our planet. The planets are here now. This indicates both that we had better get with it and also that now is the time to do so. We must break the habit waiting for the “outside” to do it for us.

Many people are yearning for me to tell them “when we are going to get back to normal.” Well, after careful consideration of this question with my partner Liza, we feel that there will be no new normal but in the sense that things will stabilize, it may be anywhere from another 20 to 50 years. That’s our best estimation.

Only in this “New Age” which I am coining, “The End of the Dark Spiritual Age,” are we seeing the major blunders we have brought about by following shallow religious principles confusing them for socially-acceptability and camaraderie. Thanks to the phenomenal uprising of East-to-West philosophy that has taken place since the Sixties, our country has been heavily dosed with a new spiritual vision. One where we do the work to find the real God-center inside of us, not on some huge TV network.

The time is now for our churches to be reborn. We need to share in the spirit that we all have. We all know that what is needed is for all hearts to open wider. There is no quick solution from the planets when the real solution resides in our own chests. As we have watched an ever-quickenning of the decay to the West, we should also be seeing the real answers to our social problems. And that is common sense taking care of one another. Jesus 101.

I have been yearning for some type of intervention. Little did I know it would come in the form of a major virus that has inadvertently caused us all to back into our own corners and take a good, long, accurate look at ourselves.





# My New Normal

By Kevin May

[KevinMayCoaching@gmail.com](mailto:KevinMayCoaching@gmail.com)

<https://sacredstoryweavers.net/>

I felt a big shift when I turned 30 a few months ago. It honestly feels like my life is just getting started, and the last 29 years were kind of just riding my bike with TRAINING WHEELS...

I lean towards believing in REINCARNATION, and it kinda feels like my Soul has been quite empowered in my past lives, but decided to incarnate into this body, to learn and experience many different flavors of disempowerment, mostly manifesting as trauma/chronic pain/ and challenges in my physical body...

I know that many people have daily struggles far more intense than my own...

With that said, I feel like I'm just now CATCHING MY BREATH. God only knows the thousands upon thousands of hours I've put in to healing my mind-body-spirit.

People have been like, "Yo, Kevin what are your hobbies?" ...and I just kinda laugh, cuz I started standing in the woods for 4-6 hours per day doing subtle energy healing practice. . #monk-life But it's all been worth it..

I've been through some shit!, and I really feel like I've only been operating at a FRACTION of my True Potential.

" Many times its felt like 5-10%... now I feel like I'm maybe at 70%... but I'm really just getting started..

I've got so many Songs to sing, Books to write, and Divine Appointments to be present for. I have infinite gratitude for all of you and every step of the way.

## YOUR MESSAGE



What else has changed to create a new normal? The amount of people using Zoom has skyrocketed. Alongside this trend, we have seen an increase in many other online offerings. Regardless of how many in-person events are taking place, it is undeniable that there are many benefits to having a strong online presence if you are aiming to share a message with your local community or the entire world.

I have been actively using Social Media for over ten years to spread ideas that I am passionate about, and to help promote events that move humanity forward in a beneficial way. Although I didn't gain millions of so-called "followers," I have been able to connect with amazing people from all over the world, simply by utilizing certain techniques to share my messages.

I have learned through trial and error in addition to studying with some experts. I have discovered answers to questions like : "When is the best time of day to post?" "Should I rotate the types of content that I post?"

Overall, I believe Social Media presents a huge opportunity for us to each share our unique views, gifts and skills with a wider audience. It will make the world a better place when we all go ahead and share our talents.

If you are interested in learning more about how to Utilize and Optimize your Social Media to share your message with more people, please email me and I will share a special offering with you.

***Let's keep it flowing and growin, yall.***



By [Susan Rose](#), BodhiTree Publisher

Are we “**Building Back Better**”? Living through this back and forth time of hope and frustration has been hard on most everyone. We are also stressed by the mask and vaccine issues. Disagreements are keeping us from unity. We all make mistakes, so whether or not people have asked for forgiveness, it is better to let the anger go. Let's all say the ho'oponopono (Hawaiian) mantra of “I'm sorry, Please forgive me, Thank you, I love you.” Even if you say ~ Wait, I did nothing wrong, maybe you did in a past life or many it is just a way of practicing unconditional love.

[Bodhi Tree Magazine](#) was born out of a meeting from Center for Spiritual Living and Unity Center who wanted to have a coming together of the new thought ( positive awareness ) people and groups in the Pittsburgh area. This is the purpose of this magazine. They asked for my help (Susan Rose, from [HeartofPittsburgh.com](#)) to create a collaborative online presence.

So here we are, years later, dealing with pandemic losses and finger-pointing. Sadly, even older hippies and new agers are dividing into camps. We were told that our kingdom was not of this world. Well, we are still here in this world. It is still up to us to turn this place into heaven on earth. What do we need? -The divine vibe. Grace loves patience and forgiveness. We need an infusion, so start by faking it till we make it. At least we are trying. Kindness is contagious.

What are my ideals? Is oneness included? If you believe that quantum string theory may be real, then there is only one of us here. One with each other as well as connected with all creation. Practice surrendering into an ocean of kindness. Only there will we be safe. Even Darth Vader cannot grasp water from a bucket into his fist. Be in the flow.

While keeping family away from obvious dangers, I also surround those close and even (or especially) dark powers with love. According to psychic Edgar Cayce, *Virtue* is your defense and *Understanding* is your weapon.

[Thoughts are things.](#)

**The thoughts we feed during this pivotal time are building our future.**

# Heart of Pittsburgh and Bodhi Tree Magazine

...Proudly recommends a Free Book Available as a pdf download at

<http://www.templebeautiful.com>

[Accessing The Goddess, An Intuitive Path of Discovery and Esteem](#)

We also recommend a new book ( in print and on Kindle)

by Paulette Glover, Bodhi Tree Author. [Available on Amazon.](#)

*Mindfully Ever After, How to Stay in Love,*

*Now and Forever*

## **What's next in 2022?**

The next issue will be an informational directory to let us all know what retail and brick and mortar spiritual centers have reemerged in the Greater Pittsburgh Area. Stay tuned in the New Year!

Updates are underway at <http://www.heartofpittsburgh.com>



*HeartOfPittsburgh.com*

~ Love to all, Susan Rose, Publisher Bodhi Tree Magazine ~