

# BODHI TREE

A Pittsburgh Area Inspirational Magazine of  
Metaphysical, New Thought Lightwork



**Standing in Alignment  
Looking Forward**

**2023**

# CONTENTS

3. [ARE YOU A SEEKER?](#)
4. [Your Spiritual Journey](#)
5. [Living Your Truth](#)
6. [Finding a New Way](#)
7. [Jumping into 2023?](#)
8. [Whispers of the Heart](#)
9. [Find and Listen to Your Inner Wisdom](#)
10. [Using Alignment to Create Your Dreams](#)
11. [Stand in Alignment With the Present Moment](#)
12. [Evolution and Human Technology Interplay](#)
13. [The Year For Kindness](#)
14. [Standing in Alignment Looking Forward](#)
15. [Fools Rush In Where Angels Fear to Tread](#)

To know our authors is to love them!  
You can click on each image to take you to their article!  
\*Android smart phones do not support embedded links  
in pdf's. You may need to open this file in your laptop  
desktop or Iphone for the full experience.



# Seekers:

The groups on the right are recommended. Some are in-person and some are online. Some are both online and in-person.

## Our Local Event Calendar

See <http://www.tinyurl.com/peaceburgh>

Below are also a few suggestions of groups to explore.

**1. ARE - Edgar Cayce** Free Zoom study group, Monday at 7:00pm. Every Friday evening video shares also at 7pm. The organizer is Beth Ehrlich at [beth.ehrlich@gmail.com](mailto:beth.ehrlich@gmail.com) or 412-297-3913 for more information.

**2. Astrology Unplugged** - Free Zoom meeting every Thursday providing insights on current events. Occasional guest speakers. Hosted by DiClemente, author of "The Exquisite Zodiac" Review of charts of those in the news. <https://www.starself.com/unplugged-info/>

**3. Local Podcast** Bob Dove leads weekly discussion [www.yourspiritualjourneypodcast.com](http://www.yourspiritualjourneypodcast.com)

**4. Unity Center of Pittsburgh** is now open for in person gatherings. You can also visit their Youtube channel to watch live or see the past services. Enjoy! <https://www.youtube.com/channel/UCmxMWj5yftk0rWls19zLcBA/videos>

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All prior issues are archived our web site

[www.bodhitreemagazine.com](http://www.bodhitreemagazine.com)



[online and in person](#)

<https://www.unityofpittsburgh.org/>

<http://www.cslgreaterpittsburgh.org/>



<http://omapittsburgh.org/>



<https://www.meetup.com/eckankarofpa/>

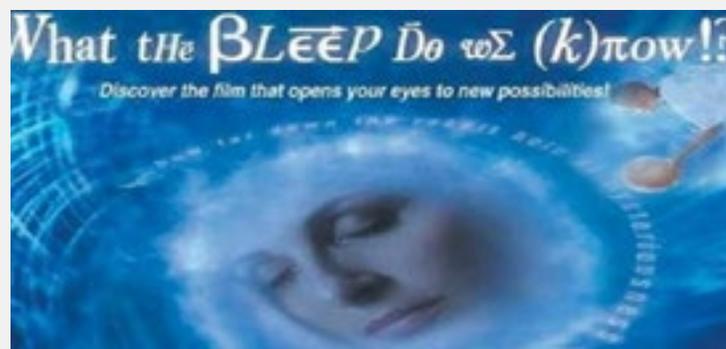


<https://www.meetup.com/Pittsburgh-Transmission-Meditation/>



[Pittsburgh Bleep-Ions Facebook Group](#)

[LEE ROBINSON <timespace337@gmail.com>](mailto:LEE.ROBINSON@timespace337@gmail.com)



# Your Spiritual Journey

By Bob Dove, PhD

You are invited to participate in a new podcast, “Your Spiritual Journey” with Bob Dove, PhD. It launched on January 15, 2023, and can be found at

[www.yourspiritualjourneypodcast.com](http://www.yourspiritualjourneypodcast.com)

It is available on most podcast streaming platforms and can also be found at [yourspiritualjourneypodcast.com](http://yourspiritualjourneypodcast.com). Thirteen episodes have already been recorded for the first season and an additional seven episodes are just about completed to begin the second season. It is suggested that you listen to some of them prior to volunteering to do an episode.

The purpose of these podcasts is to provide a place and a space to tackle the big questions together and to provide support for listeners as they navigate their own spiritual journeys.

Within the first month, we were in 18 states and 9 countries and had over 300 downloads. Not bad for a new podcast that is just getting started. We also plan to be on YouTube beginning in March of this year.

To quote “Oneness” that was received by Rasha: All of Creation is reaching out for the experience of Unity within the context of the identity of each of you. Each is adding a spark of light to the whole. And each is feeling the tug and the impetus to become something more. This is not an experience in which any being is isolated, although all are manifesting it on an individual basis. The process is universal. All of you are going on this journey individually—together. And each is assisted by the higher dimensional aspects of self in doing so. (p.226)

This is an opportunity to add your spark to the light of the whole. Sharing the story of your journey, no matter what stage of the journey you are on, can contribute insights for others as they navigate their own journeys.

In addition to the podcasts, the website offers resources for further spiritual exploration. Any books, videos, movies, articles, or organizations mentioned in the podcast will be referenced on the website with links to



Early interviews have been conducted with Doug Knueven, holistic veterinarian and formerly, Chair of the Board of Trustees of the Association for Research and Enlightenment; Melih Dimarkan, a Turkish Muslim and CEO of a Pittsburgh-based international engineering company; Patricia DeMarko, a well-known author and speaker sustainability and our relation to Gaia; Sharyn Madison, author of “Spirit Speaks,” Reiki practitioner and intuitive; Laura Budde, local Qi Gong, Yoga, and Tai Chi instructor; and “Mama” Arlene Brown coming to us from her home in Rwanda where she established an orphanage and primary school.

Consider adding your name to the list.

Dr Bob Dove is a writer and spiritual philosopher who considers himself and you an extension of God’s light and Love.

He is in physical form for the purpose of helping others along their own personal spiritual paths during this time of transformation. You may contact him directly at [drbobdove@gmail.com](mailto:drbobdove@gmail.com)

# Living Your Truth

By Rev. Mary Ann Trifaro,  
Minister for Center for Spiritual Living,  
Greater Pittsburgh

Can we live in alignment so we can move forward?

The tools of the 'Science of Mind', (which is the textbook written by Ernest Holmes) have grounded and aligned me for over forty years. They are meditation, affirmations, and a five-step process of prayer that we call Treatment.

When we begin to trust that at the core of our own existence is love, our life improves immensely.

We learn that there is a difference between a fact and Truth. A fact may be something we have learned or have believed about ourselves or the world but if it is not in alignment with Love and Harmony it is not the Truth.

Living in alignment, to me, means knowing yourself first. The way to truly know yourself is to take time to be 'still and know.' I believe that the practice of daily meditation is the key to our peace of mind. It just takes two minutes at a time to change your perspective from the outer world to your own inner knowing of Truth.

Try it, and meditate regularly. Begin to feel the difference in how you respond and/or react to others or the conditions of life.

Yes, we are living in a time of uncertainty and change. One of my new daily routines since the beginning of the Year has been to listen to less news and to laugh more. Positive affirmations and humor helps us to raise our vibration.

Ernest Holmes tells us, "*there is a Presence within you that is with you, is ready, willing, and able to guide you in all ways.*"



As we move on our Spiritual path, we learn to listen to our own intuition more. It is so important to trust yourself.

I also believe that there is a way to move forward cautiously and creatively so we are able to heal ourselves and learn why others may have their predetermined conclusions.

When I am in conversation, I have learned over the years to ask more questions so that I can learn more about how and why another person feels and why they think the way they do. It's a good thing to be interested and curious.

So in conclusion I say that we want to first know ourselves and to love who and what we are. The way to do this is through our quiet time. I believe that inner reflection brings us to a place of personal integrity which allows us to live in Alignment.

We repeat that the Divine Presence guides us and embraces our best selves always. When we know ourselves more that we can live without worrying about how things will unfold.

We will be aligned and moving forward through the opportunities of each day.

I hope to talk to you soon. We meet online and some inperson gatherings. Rev. Mary Ann Trifaro

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# Finding a New Way

BY Rebecca Harmon

<https://practitionerspath.wordpress.com>

Most of us have encountered a time in our lives where we had to make a significant change. Sometimes these are welcome and positive, and other times they are painful and hard. Change can even be both: painful, difficult, AND a necessary relief.

As a US Navy Veteran, my early (adult) life experiences differ from non-Veterans, and those lessons continue to be helpful and supportive to me – including the lessons I learned about change. At the time I served, enlisted Veterans were generally moved from duty station to duty station individually - not as a unit. It was not uncommon, from the time we entered Boot Camp (enlisted basic training), to have stayed at one duty station for a period and then be moved on - sometimes across the country, other times across the world - to a new place, new duties and new colleagues, friends, and neighbors.

Successful military personnel learned how to make this pivot, pick up and press on in their new environments. This skill, learned before I was aware that it was an important life skill, would come to serve me well for many years to follow.

The past couple years have provided a space for some significant change in the world, and my own life was no exception. When I recognized the need for a new way of being in my life, I turned to hobbies and activities that I have enjoyed throughout my life: my love and interest in all things yarn (the practice of crochet and knitting).

As I began to spend more time and attention on my yarn hobby, I was pleased to find that the options for social networking and making new connections were abundant!



I found social media groups, in-person events and activities related to this hobby and in no time, was in the rhythm of this as a regular part of my life in the same way that active duty military personnel pick up, move and join a new base community, workplace, or other duty station. During this recent transition, I learned that flexibility is not a skill accessible only to young Sailors.

It can be achieved by ANYONE who is willing to take a step in a new direction – even not-so-young Sailors!

Transitions are a kind of spiritual lesson. They teach us resilience, and the process of rebirth; they remind us of the importance of being TRUE to ourselves, and that tomorrow will always bring with it the opportunity to make a new choice, take a new path, try something new or different.

Whether our transition is the loss of a loved one, a change in job status, the disruption of a family unit or simply making a decision to go in a new direction: we can embrace the change as a spiritual lesson that will, if we let it, bless us richly.

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Rebecca Harmon is a writer, educator, and healthcare professional. Be sure to check out her blog! ([Practitioners Path](https://practitionerspath.wordpress.com)).  
Email [rebeccaharmon@comcast.net](mailto:rebeccaharmon@comcast.net)

♥ 2023

# Jumping into 2023?

BY TAMAR GEORGE

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"This isn't living love or working in unity!"

All this chaos is the energy of 2023 resulting in standing up and burning down the old way of thinking which is all about ego and GREED.

The time of pyramid schemes is actually ending in this incoming energy. The corporate toxicity of oppression is actually going to enslave us if we keep allowing the rich to get richer.

We are more powerful in unity when we align our purpose together in a peaceful protest with massive numbers.

Summits right now are being held all over the World where we align with people that we have differences with so we can figure out how to help each other find solutions.

But most of us individually won't be gathering for a protest or a summit. So what do we do? How do we symbolically burn down the old that is not working for us? Especially when we do now have the help of massive energy downloads that we are experiencing (which is all the chaos of change) from the matriarchal finally ousting the patriarchal.

This chaotic reboot has our thoughts manifesting faster into reality which is finally getting our attention. So first thing to do is figure out what our thoughts are that need attention. Immediate

ATTENTION! Because this is the year that we start building our happiness by asking ourselves what choices am I making for the spirit that I am and not the scared greedy human I am?

How and where do we start in order to create a life that we look forward to? How do we keep our thoughts positive, so our reality will be joyful?

The biggest painful lessons of this life are all about how are thoughts actually create our reality and why our subconscious thoughts are shaping our future faster than even our conscious thoughts. We are the hope to ourselves and others when we align our ego with LOVE.

In my psychic coaching practice, I ask individuals to write out their fears and then write out their successes.

After that task is finished, dig deeper and write why trust created those successes and why fearfulness created those perceived failures. And what were all those scattered thoughts of (not sure of what I want) that created nothing in our reality.

Knowing oneself is the key. Not repeating what isn't working is an even bigger key. The goal is navigating through 2023 by having a joyful year no matter what is going on out there in the chaos.



Many are worried about jumping into this year, because they are not sure what is going to be taken away from them. Is it their money, their health or is it their freedom? That fear is turning into anger which then results into taking a stand against oppression!

So out to the streets the humans go, carrying signs, burning things to the ground, saying no Russian draft, cutting their hair and yelling something that says,

# Whispers of the Heart

Listening to Your Inner Voice

By: Betty Jane Rapin

For three years, the ever-present threat of catching a dangerous virus has been constantly in our thoughts. This has boggled minds, frayed nerves, caused havoc with emotions and often clouded our judgement. Due to this cloud of uncertainty most of us feel, at times, out of spiritual alignment—we have a distinct sensation of not feeling like ourselves.



We tend to forget we are never alone and help is but a breath away. All we have to do is ask. In fact, we have a built-in guidance system, a GPS to guide us in the right direction which is — God Privately Speaks to us. How wonderful is it that Holy Spirit, that still small voice of God, talks to each of us individually. You can develop the spiritual awareness to recognize and understand Holy Spirit as It begins to open you to intuitive wisdom.

Most of us can't make the connection to Holy Spirit. Many don't hear or understand Holy Spirit because they can't recognize the many ways It speaks. Some of these ways are intuition, visions, whispers from the heart, gut feelings, nudges, dreams, contemplation, meditation, prayer, direct knowingness and many more. Prove to yourself that listening to the guidance of Holy Spirit will help you navigate through life with confidence.

I was searching for ways to make the divine connection to spiritualize my consciousness and expand my awareness to experience the power of God's love and the guidance of Holy Spirit on a daily basis. I discovered Eckankar The Path of Spiritual Freedom and learned ways to explore my own unique relationship with Holy Spirit. I had a very personal experience that transformed me. I became consciously aware that God and Holy Spirit would forever be a part of my daily life.

I was sitting in contemplation, looking into my spiritual eye, singing HU, an ancient name for God, and listening for that still small voice. Then it happened! I saw flashes of brilliant white light so bright my spiritual eyes needed sunglasses. I felt the warm powerful breath-taking waves of God's love encircle my entire being then flow all through me. I actually experienced the full power of the divine connection. I was embraced by God's love. I was euphoric!

Harold Klemp, Spiritual Leader of Eckankar, writes in his book *Wisdom of the Heart*, Book 4, "No matter what 'unexpected places' life takes you to, once you discover this timeless wisdom and accept divine love into your heart, you will find yourself marveling at the "new you" you've become."

My day begins with spending time with God in contemplation aligning myself with Holy Spirit. Why not make this part of your day also? Change your perspective, change your life.

For more about Eckankar, visit [eckankar.org](http://eckankar.org) and [meetup.com/eckankarofpa](https://www.meetup.com/eckankarofpa)

To experience the HU Song, go to [eckankar.org/experience/hu-the-sound-of-soul/](http://eckankar.org/experience/hu-the-sound-of-soul/) or [eckankar.org/engage/develop-a-daily-practice/](http://eckankar.org/engage/develop-a-daily-practice/).

For questions or more information about local **events**, call: **412-856-3680** or email [wpaeck@gmail.com](mailto:wpaeck@gmail.com).

# Find and Listen to Your Inner Wisdom

By Sheila Forester [wcf101950@cs.com](mailto:wcf101950@cs.com)

We live in a deeply divided, competitive world. Much of what is reported in the news today is profit-driven based on greed. The multi-billion-dollar influencer industry tells millions how to think, look and be. Are we becoming sheep? Not all of us. Many of us are beginning to think for ourselves just to survive the chaos.

Christianity teaches that sheep go to heaven and goats go to hell. Yet from an Esoteric perspective, it may be the other way around. Goats are those who break away from the group, follow their own inner guidance and climb the mountaintop into the heavenly realm of the Kingdom of Souls.

Sheep, who follow blind adherence, remain on Earth, sometimes referred to as a self-made hell, until they learn to have individual thought and ascend the high summit.

How do we become goats and act based on our own inner wisdom independent of authority figures, peer pressure or trends? Maitreya, the World Teacher for this Aquarian age says the answer lies in practicing “the art of Self, or Soul-realization”, which is the understanding that we are immortal beings, that immeasurable wisdom and illumination resides within, that we are all interconnected as divine sparks of the One, and that pain and suffering results from the false idea that we are only material beings, separate individuals.

The art of Self-realization is neither an ideology nor a philosophy but rather a goal for all humanity and will benefit people of all religions and those who have none.

Maitreya, who does not come to build a new religion nor to create followers, says the first steps in realizing the Self are: “honesty of mind, sincerity of spirit, and detachment”.

Honesty of mind means what we think, say and do should be one and the same. A mind that is honest demands truth and integrity. Sincerity of spirit is seeing reality without glamour and illusion. Detachment is gradually rising above our physical, emotional, and



mental attachments, desires and reactions, giving us the ability to know and aspire to the Good, the Beautiful and the True.

The Path to Self-realization is through meditation and service. Each time we sit in silence we come into alignment with the Soul, and the more we meditate the more we will be able to hear that small voice inside that is imbued with wisdom and can intuitively show us the truth of any condition or situation. Then we can know what to do, how to serve.

Self-realization brings the recognition that we are all subjectively brothers and sisters – one human family, children of the one God. Eventually, we will live this truth, not only in our religious systems, but in our political, economic, and social structures as well.

Spiritual growth isn't just about one's inner state but has everything to do with the state of the world at large and our ability to express our divinity in every field of human endeavor. Maitreya's physical presence in the everyday world guarantees it. It is his mission to inspire us to create a world in which human potential, that inner spark of the Divine, can be developed and used for the benefit of all people everywhere.

At heart when we realize the Self, we make it more operative in everything we do. We will know for ourselves what to think and how to correctly respond to the challenges of this time in history. We will have the higher mental capacity to solve every problem and create a world that supports the inner journey home to manifesting our potential divinity.

Transmission Meditation local information:

<https://www.facebook.com/profile.php?id=100064622355149>

[meetup.com/pittsburgh-transmission-meditation/](https://meetup.com/pittsburgh-transmission-meditation/)

# Using Alignment To Create Your Dreams

By: Kitsy Higgins

Psychic Medium & Business Coach

[www.kitsyhiggins.com](http://www.kitsyhiggins.com)

<https://www.youtube.com/c/KitsyHiggins>



You know, alignment is such a weird word! It's a word that society rarely talked about a decade ago. But I heard of it a few years ago and have been learning about it since. This article will discuss an example of aligning with a business goal of having an online business.

The first step would be to figure out a possible way for you to create that business. Being well-known is not immediate; it takes time and many years. It is all about what is in your power. Once you figure out how to achieve the goal of having a worldwide audience, the next step is mapping out the steps to get you there. For me, that was creating courses that anyone could purchase at any time, starting a YouTube channel, and finding a way to automate a system that would allow my courses and payments to be available 24/7.

One of the biggest things of alignment is mindset. Mindset is a journey in and of itself. They say mindset is just as important as taking action toward your goal. But, of course, part of that mindset is knowing you are worthy of making more money.

So it's all about moving in the direction step-by-step to create your desired life. But, you may ask, what happens if I do something wrong or get out of alignment? It is ok that it happens. On the other hand, there may have been a lesson in that experience.

At some point on your journey, you will want to see if your actions create the life you want. Over time you can see your efforts and see what is and isn't working. You never know; your new activity could give you the results you were hoping for!

Getting into alignment with a goal is a process that may take years. More than likely, you're not making gigantic leaps and bounds. Don't worry; you CAN create a business you love with baby steps in my free time.

One of the most powerful techniques I do in my life is what Abraham Hicks talks about: realizing what you're desiring and then feeling those feelings in the present moment. Since doing this technique, I have seen amazing things occur. When you feel those feelings, you will ultimately bring that life into your current reality. Over time it will bring that desire into your current reality. Feeling the desired feelings will shave YEARS off getting to your goal. That is what's so amazing about being in alignment! Feel those desired feelings in this now moment. See what shifts in your life.

If you have started going after a goal and are still looking for the results you want, don't worry. Keep going and building; you will succeed. You will create your desired business if you take action, feel those desired feelings, and work through your fears!

I hope this article spurs you to take action to go after your desires and create your dream life!

# STAND IN ALIGNMENT WITH THE PRESENT MOMENT

By: Maryann Hackworth - Unity Center Pgh

As the pages of the calendar flip forward, we are continuously reminded about the passage of time. We notice weather changes, life-experiences change, people and relationships change. Yet, despite our participation in the changing cycles of physical life, many of us still resist change. It is our human tendency to deny the reality of impermanence. Vainly clinging to memories of the past or projecting fears into the future, we reach for “things” in an attempt to soothe our human psyche as we grapple with the ever-changing world.



Having exhausted countless avenues in the search for stability and happiness, a realization arises from deep within. Our inner voice beckons us: “return to the Present Moment.” There is a space within our own consciousness where the changeless and timeless Now Moment exists in peaceful purity. It lies behind all of the entangled thought forms of our human thinking mind.

Breathe into the moment of Now and connect with your true Divine Nature. In this state of gentle mental alertness, you actually discern Oneness or Beingness. Intuition and insights flow forth from this space. The gifts of the Present Moment are plentiful: To live a life that is not shrouded in fear. To awaken each day filled with certainty that Spirit is alive within all of us and fills our hearts with compassionate love. Cooperate with the Present Moment. Allow its peaceful presence to soothe and guide you in 2023.

See archive of Unity service live streams here:

[youtube.com/@UnityCenterofPittsburgh/streams](https://youtube.com/@UnityCenterofPittsburgh/streams)

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*Thank you [Kevin May](#) for this image in a spot -on facebook post!*

**DIRECTION is more important than SPEED.  
Keep aligning and trust you that you are  
being guided towards a beautiful future**



# Evolution and Human Technology Interplay

By Suzanne Bishop

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Yes, we are at a juncture of great proportions. With AI and the robotic revolution and the high tech in-dustry of facial recognition and surveillance capitalism seems to be taking over. The second more feminine (softer) and the human revolution is within our everyday ego minds uniting with our Higher Selves.

Our human false mask self has been in transformation within intervals of Divine timing. Humans are, for the most part led by a Higher Power which is an ignition of Light gently guiding us to be the Love of which we are.

So, it is—and in no way is it a maybe. A Human Revolution is occurring right in front of our eyes. Revelation we are in, as a cycle in which our Spirit is a living and breathing part of us and not an abstract to meditate on.

Humans can do anything our science and the Stars in the sky do. We have the key to the part of us that is called The Creator.

## Allow.

—Channeled from my High Source Power, and “An” my Arcturian Guide.

The channeling shown above was allowed in a month ago. This was before the [AI Chat apps](#) came into my awareness and especially its impact.



We are ascending spiritually with raised vibratory rates coinciding with our thought and feeling forms (creation of temporary frequencies) of Love, inclusion, unification with the Other, and good will toward all. Interesting that in 2017, I channeled “An”—my Arcturian Guide. Her focus was on Robotics, AI and the interplay that is taking place between our technology ahuman consciousness and evolution.

“An” taught that our use of the internet, AI, social media etc. and constant use at that—produced new neural networks within our brains to keep pace with our use of this technology.

We become more Source aware, more intuitive, more connected across the globe within our own consciousness naturally.

Our use of our AI technology and social media revolutionized our brains for us, and future generations to become super connected to Source and to one another.

## Unity Consciousness



### The AI companion who cares

Always here to listen and talk.  
Always on your side. Join the millions growing with their AI friends now!

# The Year for Kindness

**BY: Luann Cibik**

**Feng Shui Master and Teacher**

[luann@inner-harmony.org](mailto:luann@inner-harmony.org)

This sweet Rabbit year of 2023 holds an energy that we all can benefit from after the tumultuous past years. Rabbit year ushers in the energy of gentleness, diplomacy and in my mind, kindness. No matter what the year, creating an energy of kindness to self and community is valuable and needed more than ever.

Take a serious look around your home to adjust the things that have perhaps just 'happened' to your home and its use over the past two years; work at home, learn at home, order a lot of things to be delivered, and a general feeling of fear. It's time to cultivate an energy of nurturing in your home.

In all areas, you want to look and determine what is clutter (something you don't use and don't love) and let it go. Don't hold on to the past... you want to welcome in the future. Whatever is left now needs to be properly organized, loved and stored appropriately. This just ups the vibration in your home, as all your possessions are singing happy songs (ok – even if you don't believe they are singing, it makes an amazing difference in how your home feels... and how you feel).

One specific area to focus on to create a KINDNESS vibe in your home is the Living Room. This space represents how you connect to your community. Have you created a conversation area, or is everyone just staring at the screen on the wall?

Move the seating so that there is a sense of sitting in a sacred circle, with beings that you cherish. Pay attention to the command position aspect, and for those people whose back is towards the doorway or a large window, create a sense of protection for them, so that everyone can be relaxed there.

If your space is predominantly a white space (called metal energy in feng shui) we want to soften those feelings with more of earthy tan/pink tones, and you can even add some Magenta

[sherwin-williams.com/content/colorforecast/color-mix-2023/color-of-the-year-2023](https://sherwin-williams.com/content/colorforecast/color-mix-2023/color-of-the-year-2023)

(the 2023 Pantone color of the year) to bring a joyful fiery energy in. Color of the year, Redend Point with earth brown and pinks



Look to art and arrangement to create more community vibes. Group like objects together in a display, for example by grouping 6 candles, instead of one solo one.

Sometimes it is not about what to add, but what to release. Turn the television off, silence the violent video games, remove the print media with disturbing messages. If you just look in the space, you will notice what makes your energy go up, and what makes it go down. Do you have a chair gifted from a relative that was always unkind to you? It's time to remove it, or relocate it.

By implementing these techniques, your home resonates kindness out into the world, not just this year, but in the years moving forward. You will embody kindness. You will be the pebble dropped in the pond that allows that kindness to ripple into your community, and envelop the world.

**If you would a more customized consultation, I would love to help.**

<https://innerharmonyfengshuischool.com/about-luann.htm>

# Standing In Alignment, Looking Forward

By Rick DiClemente

<http://starself.com/>

As we find ourselves on the cusp of Pluto's entrance into the sign of Aquarius, we see how welcome that sign will be. Certainly, Pluto's residence in the sign of Capricorn for the past 15 years has been hard, sobering ones. We found just much corruption was underlying most of our critical institutions.

Capricorn has done a very good job showing us just how important those very institutions are. Now, it's time for some relief. The great difference between Capricorn and Aquarius is that the Aquarian impulse is for all of us to attack our social problems as a group.

Capricorn had a tendency to try to repair our social ills by looking solely at the bottom line. Aquarius is quite different. Now, we will start hearing all around us the new theme of working together, working from grass-root's campaigns and a much stronger sense of group idealism. This certainly does not promise a rose garden, but within the first few years of Pluto's stay in Aquarius (2023-2044), we should certainly start to feel the optimism that comes from all of us working together.

Many new issues will be addressed: Aquarius promises to have a much more productive attitude towards cleaning up our environment; it will prove to be a time of great scientific advancement; and we should be great progress with racial tensions.

The sign of the Water Bearer is a very patient sign, exhibiting a stronger sense of tolerance. LGBTQ issues will start to be more accepted, and we will see the aggressive nature of the police start to relax.



During this period, we will simply have more respect for man's dignity.

A great many social ills have been dug up since 2008, and now will be the time when we must face the music. Aquarius is very inventive sign. We can now look forward to novel ways to solve long-standing problems.

Quantum theory itself is very Aquarian. Therefore, we can expect to leapfrog greatly into a future of thinking of all of mankind at once for a change. It takes a very long time for Pluto to find itself in the liberating sign of Aquarius, as it did before during the revolutionary time before of the 1770s.

Genius will rise to the surface as we will start to elevate ourselves out of our doldrums of being quite satisfied with academic mediocrity. This will be a welcome turning point as we will be needing our brightest and most brilliant minds to start to turn the corner on issues such as climate change, etc.

As I can see, there is no better way to "stand in alignment" than to do so in the humane sign of Aquarius. It is time for us all to lift each other up by treating all members of the human race equally – and not with simple lip-service. Alignment can only mean one thing: getting ourselves straight, pointing toward our Source, our Creator and what was originally intended.

*Rick's weekly zoom "Astrology Unplugged" here: <https://www.starself.com/unplugged-info/> All shows are seen here <https://www.youtube.com/user/rickdicl>*



## Fools Rush in Where Angels Fear to Tread

By Susan Rose, [Bodhi Tree](#) Publisher

Some people think they need to go to a fortune teller to help them decide their next move. No one wants to become dependent on someone or something outside of themselves however.

The famous psychic, Edgar Cayce was often asked by people how they can be psychic like him. I think they just wanted an ESP boost. Maybe some wanted some exciting “abacada-ra” magick, that could be easily learned. Instead, Cayce’s source set up a lesson plan for them to study. This turned into study groups. The first prerequisite was information on meditation. This was so that you could listen. Once you heard the still small voice, you could begin the journey of knowing yourself.

Then you can ask yourself what are my ideals?

Although ideal is a form of idea, the definitions of idea and ideal are different. An idea is part of the random thoughts that make up your day. Some very good, some silly.

Ideals are actually the best part of who you are, unique to the power and innocence of your birth. Ideals help fulfill a soul’s blueprint for time spent on earth.

Perhaps you think you already have good ideals? Great, but even as you refresh resolutions, re-evaluate your ideals. You are growing. It is a sacred journey.

Can your ideals be deepened. or perhaps, lightened up?! Consider different ideals for your body, mind and spirit, along with an overall master ideal for all of you?

So look before you leap, Whether it is the start of career, a home, a relationship, or even a new day. Are you devoting your attention to that which is in alignment with your ideals?

Before you can move forward, you need to take some time for introspection. Look ahead to see if where you are headed or what you are giving your time to is really right for you.

How long should you pause? It might be short with a few cleansing breaths and a big OMMM. It also could take days as you say to yourself or others, I will have to sleep on this!

Don’t swing like a spider monkey to the next idea. Measure up your decisions to your ideals. Does your decision resonate to the ideals that make up the very core of your being?

So stand tall and confident. Align to the best principles of who you want to BE in this world, then you can look forward to your next actions. You are in alignment. You look forward and see what is ahead. You understand the consequences of what is next. Now, you need not “fear to tread”.  
STEP FORWARD, IN WISDOM.

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PS: A discussion on the importance of ideals, according to Edgar Cayce readings, is here:  
<https://www.youtube.com/watch?v=l0B2VoCYeZE>