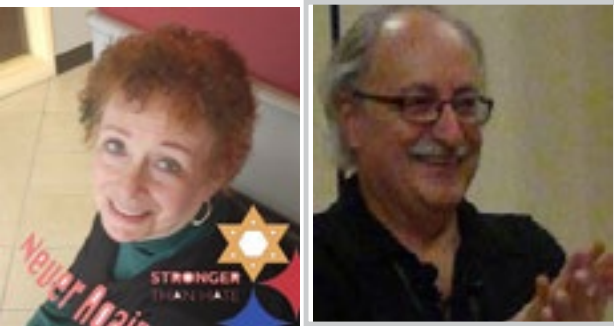


A Collaboration of Metaphysical, New Thought,  
Open Minded Spiritual Groups and Lightworkers.



# BODHI TREE





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BODHITREE'S SPRING 2019 ISSUE

WANT TO READ MORE? SEE BACK ISSUES:

[WWW.BODHITREEMAGAZINE.COM](http://WWW.BODHITREEMAGAZINE.COM)

## Are you a seeker?

Here are local places to go,  
things to do, people to meet!

Where is a calendar of cool events?

<http://tinyurl.com/peaceburgh>

[www.HeartofPittsburgh.com](http://www.HeartofPittsburgh.com)

sponsors the local event calendar

link list, Meetup Group

<https://www.meetup.com/The-Pittsburgh-Metaphysics-Meetup-Group/>

and the Bodhi Tree Magazine.

The second annual local directory

of groups can be found at

<http://www.bodhitreemagazine.com/2019directory.pdf>



The Bodhi Tree Magazine is a Collaborative  
of spiritual light workers and groups in the

Greater Pittsburgh area.

<https://www.unityofpittsburgh.org/>



[1stspiritualistchurch.org](http://1stspiritualistchurch.org)



<http://www.cslgreaterpittsburgh.org/>



<http://omapittsburgh.org/>



[Pittsburgh Bleep-lons FB Group](https://www.facebook.com/PittsburghBleep-lons)

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# WWII and Spiritualism go to the Movies

By: Sara Sachs Mediumonthego  
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In thinking of a topic for the suggested Memorial Day theme, the 1943 movie, *A Guy Named Joe* began to air on TCM, and so did the idea for this article! In my sittings and demonstrations, the World War II generation (leaving us in great numbers daily) comes through very frequently. Spiritualism gets a new influx of membership in wartime. An Ohio colleague of mine with a long Lily Dale lineage told me of so many waiting in very long lines to get readings in the 1940s due to wartime loss. The WWII interest in the afterlife was also reflected in the movies of that time.

The first movie I want to discuss is the 1943 above-mentioned movie. Spencer Tracy plays a combat pilot who takes many crazy risks in his work. He’s in love with, and finally wins over fellow pilot, Irene Dunne. Sadly, he loses his gamble with life in sinking a Japanese ship. In the spirit world he gets the assignment of helping out a young student pilot (Van Johnson) as his spirit guide, a term not used then. Although this spirit pilot does a good job in teaching the younger one flying, it’s a different matter when the living flyer gets into a relationship with the girlfriend left behind. He makes a failing attempt to sabotage the young one in his love life. A very important lesson of this movie is that not only do the living people struggle with letting go, but often the loved ones in spirit do, too. It’s not something you hear discussed often in Spiritualist circles.

*Between Two Worlds* (1944) deals with civilians killed in the war. The movie opens with a musician (Paul Henreid) and his love (Eleanor Parker) turning on the gas to end it all in their tiny London flat. Next, we meet a group of very messed up people getting ready to catch a boat for America. Their taxi gets hit by a German bomb, then suddenly they’re on the boat with the suicidal couple. They don’t know they’re dead.

Cynical American reporter, John Garfield, figures it out first. A minister, Sidney Greenstreet, boards the ship to send the passengers to their fates on the other side. A very intriguing part of this plot is the reporter wanting to gamble with the minister (unsuccessfully) to go into the void. It’s a story of karma (another word not commonly used then) and love. The London couple meets a very interesting fate. See the movie to find out!

Many of the messages of these highly available movies are relevant today. The lack of new age slang gives a depth to these films and makes them timeless. They also give you insight as to what these casualties of this war are like on the other side. They’re also a reminder of the continuance of survival.



# Your Sun Sign’s Answer Lies Across the Zodiac

By Rick Di Clemente [www.starself.com](http://www.starself.com)

This issue’s topic discusses how we are in trouble, when we overly rely upon our Sun-sign’s nature.

This is one of the main reasons why I stress the importance of gaining a thorough understanding of the six polarities in the basic zodiac, i.e., Aries-Libra, Taurus-Scorpio, Gemini-Sagittarius, Cancer-Capricorn, Leo-Aquarius and Virgo-Pisces.

The main difference between the members of each pairing is that one is “self-oriented” and the other is “other-oriented.”

**Aries** – Aries simply cannot abide by having complications. It must be itself. The Arian archetype is better served by activating its opposite sign. Libra is excellent at blending with another and sharing the limelight.

**Taurus** – Taurus is all about self-worth and value - appreciating what they have. But, by initializing the Scorpio archetypes within, the Taurus can expand and enrich its own “holdings.” What I have enhances what we have.

**Gemini** – The ultimate butterfly is at home flitting about, learning about this and that. Sometimes they get tuckered out; spread too thin. Therefore, if they own their reflective Sagittarian tendencies, they can see everything in a bigger picture.

**Cancer** – Cancer is about “making sure I’m ok” while Capricorn is “making sure we’re ok.” There’s the difference. As we all know, closed systems don’t last long. This is the primary reason that Cancer needs to open to the world represented by Capricorn.

**Leo** – The Lion is all about gaining the respect of others in order to grow in confidence. The central idea with Aquarius is enlightened self-interest. Doing for others and how it immediately brings gains to “us.”



**Virgo** – is all about discrimination and differences; Pisces about non-discrimination, inclusion and similarities. We need both. Virgos need to chill out and activate their laid-back Pisces part.

**Libra** – The Scales is about who am I when I’m with you? Libra suffers by not having enough of a sense of self. Indecisive Libra is too concerned with the other as yearning for social acceptance becomes too important. More self is called for.

**Scorpio** – What is my self-worth like when I’m with you? There is too much obsession with the status of the relationship. Scorpio is better off when they assess their own self-worth from just themselves, the Taurus part.

**Sagittarius** – Sag is better off by letting go of the obsession with the larger world and simply relaxing with the everyday world. Gemini knows how to enjoy the little things of life.

**Capricorn** – Capricorn’s nature is to make sure everything is all right. By adopting the opposing Cancer energies, Capricorn becomes a healthier whole. They have forgotten about emotional value that they gain from Cancer.

**Aquarius** – Universal Aquarius can often get too “out there.” No one questions their pure-hearted devotion to the whole group. Developing the self-expression of Leo makes the Water-Bearer more whole.

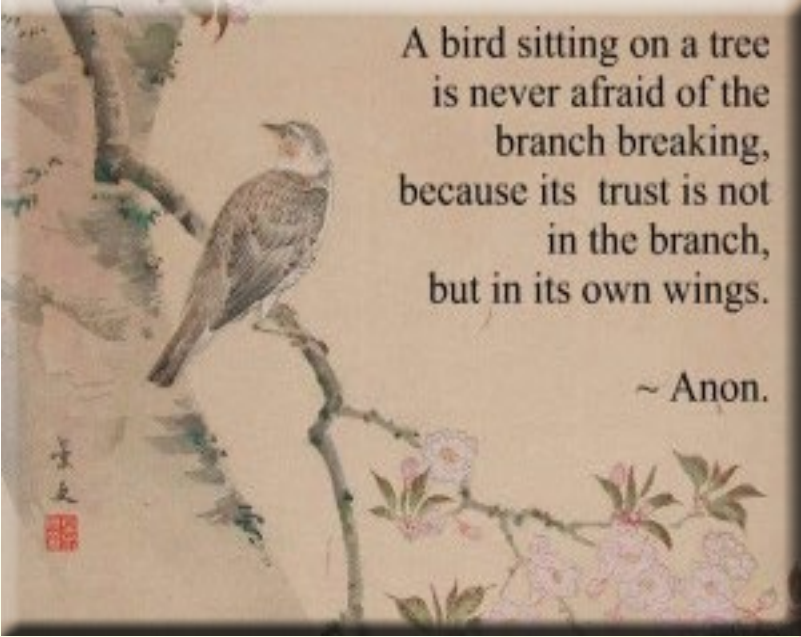
**Pisces** - The Fish can get themselves into so much hot water by being too indifferent and selfless where “nothing matters.” They need to adopt Virgo discrimination where everything matters.



# Do You Trust Yourself?

by Reverend Patty Perhacs

*“When you reach the end of what you should know, you will be at the beginning of what you should sense.” Kahlil Gibran*



Can we trust ourselves? Life is full of decisions. You might say every single thing we do originates whether consciously or unconsciously from a decision.

Some decisions come more easily and naturally, like deciding what to have for dinner, or what clothing to wear on a particular day. But at times, situations can become complicated, challenging, or unnerving and we are left with a feeling of uncertainty, discouragement and fear. We feel small and powerless. We may find ourselves getting stuck, or even paralyzed in time, unable to use our “good sense”.

When our trust waivers, fear steps in. However “trust” fosters confidence and perhaps to some degree, wisdom. As spiritual beings on the path, many have a level of faith or understanding in a universal creative force and the comforting knowledge that “all will be well”, (a great affirmation) that our needs will be fulfilled. But frankly, we believe this more easily when life is going well. So why does self-trust not come so easily when we perhaps need it most?

New thought and holistic pioneer Emilie Cady wrote in *Lessons in Truth*, “the revelation of TRUTH to our human consciousness is understanding.” But Understanding, goes beyond the intellect, in to the heart and depth of who we are – spiritual offspring of the one loving Creative force (God). Trust then the direction that comes naturally, inherently, from the depths of our being, for all creation comes from Divine Mind. As God, the universe said, *Let there be light, and there was light and it is good.*

So given this truth, why do we not trust ourselves instinctually? It’s rather simple. Very early on, we are taught to look outside of ourselves for answers. Even after we have “awakened” we often become weighted down in the physical vibration of the world and cultural norms. We become shackled to this dimension of thought leading with the physical and mental mind and less so with the intuitive or spiritual. You see the issue, don’t you? Physical, static-filled thoughts, create static in our lives. When this happens, we are interrupting the pure flow of Divine (God) energy.

The solution is to get back to our instincts and truth. Test in to your ability until it becomes completely natural to listen within. Ask questions and then begin to recognize what you see in a flash, or hear in a whisper. But you have to be listening to receive. And if you slide in to negative self-talk, choose to bring yourself back to your center, to your connection with the universal, Divine Mind. Look through your third eye, the spiritual sight, which is one of our twelve inherited capacities.

Follow that intuitive hunch and take the next step. You can trust yourself, for you are the all-knowing, divine creative force. Namaste my friends.

*About the author: Patti is an ordained new thought minister and a speaker at the Unity Center of Pittsburgh. Patti is available to officiate weddings, memorial services, and for inspirational speaking engagements. [pperhacs@gmail.com](mailto:pperhacs@gmail.com) FB: wedding officiant, Pittsburgh Pa/ Reverend Patti*



## Potent Service in this Transitional Period

By: Sheila Forester

Today we face one of the most chaotic, challenging times in modern history. Civil unrest in Venezuela, nuclear threat, hate crimes, scandals within the Church, challenges to our U. S. Constitution itself, and the list goes on and on. Why is all this happening now? The Ageless Wisdom Teaching\* tells us we are in a transitional period from one Cosmic cycle (Age of Pisces) to the next (Age of Aquarius). In the transition between Ages, upheaval, conflict and unrest are always present.

For the last 2,000 years our solar system has been in energetic relationship with the constellation Pisces. With the Piscean energies of Idealism and Devotion we developed our current sense of individuality and self-awareness. That inspiration to Devotion initiated our awareness of God and spawned many of today’s world’s religions.

However, the Piscean era has ended in a complete breakdown of societal norms. We find polarization in every direction and system. In America, you’re either in or out, right or wrong, Democrat or Republican, and so on. Worldwide, we see waves of separative attitudes that emphasize our differences rather than our similarities. We compete, fight and often kill our brothers and sisters for what we want, what we think is right.

As we move away from Pisces’ influence, its energies wane, leaving present crystallized structures and systems to crumble and fall. Sadly, many hold on to the old ways, but resistance is futile as evolution is never static.

As we enter the New Age of Aquarius, we leave behind the self-serving era and enter a time of group awareness.

The Aquarian energies of Love and Synthesis will inspire in us a group mentality and the spiritual capacity to love and serve our brothers and sisters, to share our resources freely and establish right relationship with Mother Earth and all kingdoms of nature.

Aquarian energies are already evident in the world today, inspiring the creation of numerous goodwill and human rights groups, driving the widespread People Power movement, galvanizing millions to demand universal rights for all. War, starvation, poverty, greed and corruption will become things of the past.

In Aquarius, the potency of our individuality will enrich group consciousness. Everything we endeavor will be for the benefit of the greater good. We will not only have a belief in God but we will know and experience God via the higher mind. A new spiritual revelation of ourselves as divine souls one with all humanity will become reality.

But as Maitreya, the World Teacher for Aquarius, says “Nothing happens by itself. Man must act to implement his will.” A unique and potent way to take action and ensure real change is to participate in Transmission Meditation where groups are making Aquarian energies now streaming into our planet more available to humanity.

To learn more about Transmission Meditation, visit: [www.transmissionmeditation.org](http://www.transmissionmeditation.org), phone or text 412-952-7974 or go to <https://www.meetup.com/Pittsburgh-Transmission-Meditation/>.

\*Free download of Benjamin Creme’s book “The Ageless Wisdom Teaching”: [https://www.share-international.org/books\\_AWT.html](https://www.share-international.org/books_AWT.html)





By: Betty J. Rapin

*Harold Klemp, the Spiritual Leader of Eckankar, The Path of Spiritual Freedom writes, “You hold the key to open your heart to God’s loving presence in your life. The simple prayer, singing HU, will change you. It will open your eyes to see clearly the miracles happening around you every day.”*  
— HU, The Most Beautiful Prayer

For forty-one years I lived most of the time with a pessimistic “why me” victim consciousness viewpoint. .

In 1972 I discovered the teachings of Eckankar and learned about a powerful spiritual word—HU—that I now use daily. Slowly, I began to notice the wonderful changes in my life due to my ability to observe life from the viewpoint of Soul.

HU is an ancient name for God, a mantra, a sacred sound that can be used by anyone regardless of age, background, religion or beliefs. While singing HU you are saying to Holy Spirit “I open my heart with willingness to accept the handling of my affairs

according to divine plan.” HU is a non-direct prayer. In other words, you don’t expect Holy Spirit to follow your personal plan. HU is a carrier of love between you and God, a love song when sung with reverence in the time of need becomes the highest pure prayer.

Singing HU on a daily basis for up to fifteen minutes, brings one into holy alliance with the Light and Sound, the Word of God, the twin aspects of Holy Spirit. This lifts you into a higher state of consciousness where the issues of the day can’t throw you out of balance.

You can sing HU throughout the day when you need to tune in to the higher perspective on your life or to feel that inner peace and calm that comes with it. Some benefits of singing HU are: personal experiences with the Light and Sound of God, feeling divine love, peace of mind, protection, inner guidance, expanded awareness, wisdom from dreams, seeing past lives, soul travel and much more.

Prove it to yourself by singing HU. Find a comfortable place where you know there will be no disturbances to lie down or sit. You can do this exercise with eyes open or closed. Take a few deep breaths to relax. Then begin to sing HU (hue) in a long-drawn-out sound: HU-U-U-U. Take another deep breath and sing HU again. Continue repeating for up to twenty minutes. You are cordially invited on any 3rd Sunday of the month to a Sound of Soul Event (10:30am) where you can experience singing HU in a group at our Eckankar Center. Eckankar Center of Western PA, 4290 Old William Penn Hwy, Monroeville, PA 15146

<https://www.eckankar.org/hu.html>  
<https://eckankarblog.org/share/>  
<https://www.meetup.com/eckankarofpa/>  
For information or questions call 412-856-3680 or email: [wpaeck@gmail.com](mailto:wpaeck@gmail.com)

# WHAT IS THE PURPOSE OF RAINBOW KIDS?

By: Irina Grundler

[irina@pathtoawakening.net](mailto:irina@pathtoawakening.net)

<http://www.pathtoawakening.net/about-irina>.

The topic of new kids has always been very interesting to me. When we talk about new kids, we normally mean Indigo, Crystal and Rainbow children. We gathered quite a lot of information about the first two groups, because Indigos started coming to our planet in the 50-60s and Crystals in the 80-90s. Rainbow kids still remain sort of a mystery, since they are completely new and, accordingly, we just did not have time to accumulate information about them. Some facts I was able to find in books or on the Internet do not seem to be very reliable.

Just recently I had a chance to meet several Rainbow children, or rather their mothers, and I decided to contribute my pieces of information to this puzzle.

We know that Indigo, Crystal and Rainbow kids come from the Nihal star system and have the same purpose here on Earth - to change consciousness from within human existence; only they do it differently, as each subgroup has its own specifics.

- First let’s look at some of their common characteristics:
- \*Self-worth is not a big issue. They often tell their parents “who they are.
  - \*They have difficulty with absolute authority.
  - \*They get frustrated with systems that don’t require creative thought.
  - \*They often see better ways of doing things, which makes them seem like “system busters”.
  - \*They seem antisocial unless they are with their own kind.
  - \*They will not respond to “guilt” discipline.
  - \*They are not shy in letting you know what they need.



And here’s what makes them different: Indigos are warriors; they came here to clear a Path to higher levels of consciousness.

Crystals, as I see it, illuminate this Path with Light and Love. But what exactly Rainbow kids do here was not very clear for me. The more I learned about them the more evident it became that they are absolutely new here: the kids I met are having their very first incarnation on Earth, and perhaps this makes them cautious.

Here is what one of the moms (by the way, she herself is a Crystal kid) says about her daughter: “she seems to be an upgraded version of me; she would always choose people she wants and feels safe to contact; she would smile and interact only with those who vibrate high”.

And here is an observation regarding another Rainbow child (in the photo above): with her mother’s permission I opened her Akashic Record and checked what her dominant vibrations are.

It turned out that it was Divine Power, vibrations of a leader! And all of a sudden this fact put everything into place. See for yourself: Indigos clear the Path, Crystals illuminate the Path and Rainbow kids will lead others along this Path!

Just take a look at this Rainbow leader on the photo - she is only three years old, but she is already leading five-year-olds!!!



# NEW AGE THOUGHT IN 5D

BY SUZANNE BISHOP, MS

We are currently living in 5D reality according to great masters of our time. (Neil deGrasse Tyson: [We Might Be Living In Higher Dimensions](#)...But Our Senses Can't Tell Yet.) Tyson is one of many believing we now live in the 5th Dimension) Yes, I agree.

I am a baby boomer (Born between 1946 and 1964). We looked on in wonder in 1986 as this new reality of an Aquarian Age began to unfold by learning meditation, discovering our past lives, discovering Indigenous Peoples spiritual realities, celebrating the wonder of the Harmonic Convergence, and rediscovering our own true spiritual paths. And, Shirley Maclaine as a social media influencer via her books, inspired many to allow books to magically drop onto the floor, to open to just the right page and clarifying sentence--to pay attention. I thank it all.

The descriptions above were some of my experiences into what we call The New Age. Unfortunately that term "New Age" has at times has become subject to bashing. Concepts have been oversimplified that are rich in layers of meaning and experience. Many influencers in my life are shown in the photo. Many concepts from New Age thought are outdated due to our moving into this new reality of 5D. (All books here are still pertinent, as far as I am concerned.)

I am imagining that there will be a replacement term for New Age, and it will arrive in our sphere of influence in an organic way, arising from our experiences at the time. Then again, maybe not.

My guides, and others who channel messages, are sharing this idea: Humanity is getting a reset. Everything is being reset, our history, our Karma, our very existence. Because most of our lives, currently and in the past, have been based on lies (Lies told from those in power and even lies we tell to ourselves.) we have a reset created energetically that is waiting for those brave enough to step into a new age filled with wonder, self-empowerment, magic, alignment with Source, and finally peace. Many New Age thoughts worked for some of us at the time, but now with this reset it does not fit well. This reset is the 5D reality. Our senses are clearing now to gain awareness into the higher chakras, the higher more rarified dimensions. Many are already here. Because of the reset, we all need one another to help re-establish ourselves collectively and personally in finding comfort in a body and soul within 5th dimensional reality. We all have new suits, even the idea of our identity and sense of personhood will skew.

That is one road I see New Age thought bringing us forward with: Adjusting to this new world that came about in part because of all of the New Age influence, both pertinent and not, is our homework to stay balanced as our reset rolls out into 5D reality.

Suzanne is a local writer, artist, and intuitive. She may be reached at [intuitz.com](http://intuitz.com). She is the owner of [The Pittsburgh Metaphysics Meetup Group](#), and [Star Nation Meetup Group](#)



By: Dayvanna Caraballo

I was raised 4th generation on our homestead and now steward the land. Providing healing, I carry many labels, but known as a nurse, Behike (bay-he-kay) and a mother. Behike is defined as a spiritual leader/medicine person. My indigenous ancestral makeup comes from Cherokee/Lenape and Taino/Arawaken Tribes. The place I share is located 10 minutes from downtown Pittsburgh along the Monongahela.

One World Love (O.W.L.) Natural Native is nestled within a Pittsburgh Community called Hazelwood, a name given from the many hazelnut trees along the Monongahela and a political man called John woods, hence Hazelwood.

The O.W.L. hosts Taino Spiritual Ceremonies, music events, song circles, drum and fire along with workshops, counseling and Medicine Wheel Teachings from our experienced leaders/healers/elders. Residing in the hollow with me is Faith Hersey, a strong lineage to Celtic traditions and planting enthusiast, James Bristol, the Music Events Organizer and artist.

Coming from a Taino lineage and Caney ceremonial leadership background, I share monthly Full Moon, Equinox and Solstice Ceremonies, in which all of these are opened to the public. They are usually celebrated on Sunday's leading into the cycle of sun and moon. Starting time for circle is 3 p.m. outside at our gathering -weather permitting or indoors at our Caney House located at 26 Nansen.

The doors to the Caney House open at noon on a ceremony day for the educational components and preparations for ceremony.

If you would like to know more on our events check out [www.naturalnativepreserve.com](http://www.naturalnativepreserve.com) or follow on <https://www.facebook.com/OWLNNR/>

We hold Monthly New Moon ceremonies by invitation only, please contact me if you would like to be added to the wait list.

How did O.W.L. come about? In 1982, a great awakening emerged and an understanding given by Spirit. I was only seven years old and did not understand yet. Some might say I was handed instructions; I define it as a purpose. In 2007, my birth Grandmother clearly defined that mission and purpose while crossing over. I had work to do.

In 2012 One World Love transpired. A healing space (Natural Native) came to existence. Allowing for our spiritual community to connect as one peoples/beings, sharing within a great circle of life and bringing the knowledge we hold within a balanced earth, sky and spirit perspective, in which we would gain a higher level of consciousness.

We will preserve the foundation (the past), clearly identify the gifts we possess (the present) and evaluate what we leave behind for the next seven generations (the future). This journey encompasses nine core values: Honesty, Integrity, Accountability, Discipline-Self, Diversity, Compassion, Respect-Self, Unselfishness, Courage. By way of connecting through ceremony, music, and teachings we gain our past, present and future as one species co-existing within nature. We then are part of a whole, that healing is created and peace is within.

I am grateful to be able to hold this sanctuary with beautiful beings, animals and plants. I hope one day to provide a designated building for larger gatherings and retreats. Seneko Kakona (Blessings)



# You Are More Worthy Than You Can Ever Imagine!

By Carol A Briney

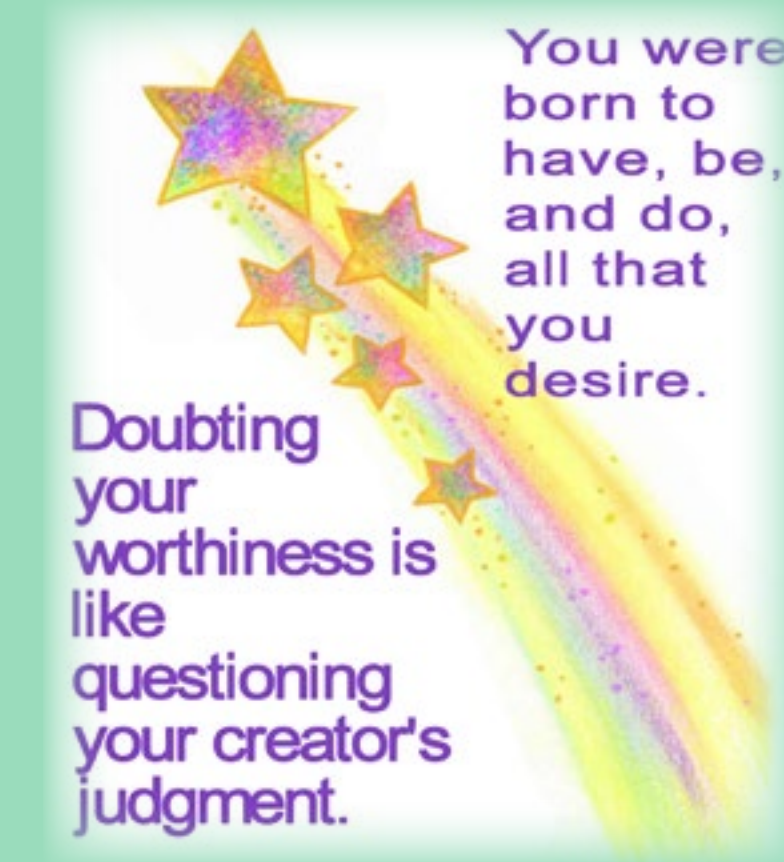
[www.CarolABriney.com](http://www.CarolABriney.com)

Believing in myself has been one of the most significant challenges of my life. I am betting that believing in yourself has been a challenge for you too.

When we are born, we intimately know our connection to the Source of this great and glorious universe. We know that we are Source energy in human bodies. If you have any doubt of this just hold a newborn baby and feel the incredible energy. Feel how happy and content the baby is with life. You can't help yourself when you are around newborns you feel the awesome love of Source emanate from them.

As we grow older, we are taught, by mostly well-meaning adults that we are only human and that we are sinners, who need to continually prove our worth in order to please the people around us and a sometimes fickle creator. We are taught that certain people can be rich but not others. We are taught that there is a finite amount of money in the world and if we dare to dream of having too much, we are told it is not spiritual and that we are greedy and possibly even evil.

It took me years to get over this brainwashing. I now finally know that we are all Divine Beings having a human experience. I know that we are ALL worthy of our dreams. In fact, I know that the Source of this awesome universe would not give us a dream that we can't have.



Jesus said in the Bible that it is his father's great pleasure to give us the kingdom, so I ask you what does that leave out? Nothing!

It is time that you realize that you have your very own connection to the Source that creates universes, and it resides right inside of you. All you need to do is figure out what you want, ask for it, believe that you can have it, and most importantly learn how to allow what you want to manifest into your life. Your worthiness is indisputable. Isn't it time that you accepted it?

Just imagine the difference that you could make in this world when you finally "get it." You can have, do, or be, anything that sets your soul on fire. Imagine giving large sums of money to the causes that you love instead of just wishing that you could. Best of all imagine the example that you could be to others who still believe that they are not worthy. When you allow yourself to shine your light, you automatically help other people to find their way out of the darkness.

Carol A Briney is an international motivational speaker, a spiritual trainer, and a #1-rated podcast host.

# Bloom Where You Are Planted

By Michael Mangus

Recently, I read *Acres of Diamonds* by Dr. Russell H. Conwell, a well-known lecturer in the early 20th century and the founder of Temple University in Philadelphia. The book was based on the lecture Dr. Conwell gave all over the country over 6,000 times! The lecture that Dr. Conwell would give in each town was about the same. However, he would localize the stories to each town. His lecture would start out with the following story

Ali Hafed owned a very prosperous farm in Persia. Ali was very content with his life until visited by a Buddhist priest who shared with the farmer about diamonds! The priest told him that just one large diamond would make him a very rich man. So, Ali Hafed sold his farm and went looking for diamonds all around the Middle East and Europe. After spending all of his money looking for diamonds and being distraught that he hadn't found just one, Ali Hafed took his own life in Barcelona, Spain.

A few days later, the priest visited the new owner of Ali Hafed's farm. While looking around the home, the priest noticed a rock that looked like a diamond. To make the story short, the priest and the farmer went out to the white sands where the first diamond was found, stuck their fingers in the sands and found more diamonds. Had Ali Hafed stayed and dug in his own backyard, he would have found "acres of diamonds."

The whole point of *Acres of Diamonds* is that there are opportunities all around us right where we are! There is no need to go anywhere else looking for the good that you seek. So, bloom where you are planted! There are plenty of opportunities all around us to experience good in your life.



Now, what if you are unhappy with your current situation? Just like the gardener planting seeds in the soil for a fall harvest, you must consciously plant new seeds of good into your subconscious to experience your harvest. Please, for God or Good sakes, quit complaining about the current situation! All you are doing is spinning your wheels in the mud where you will never get out.

Start thinking about what you want instead of what you don't want! Put your mindset on the good in your life and increase that good by thinking about what you want only. Consciously plant seeds of good that you desire in the Subconscious Mind during times of prayer and visualization knowing you have it now! Remember, how it's to happen is none of your business.

The Cosmic Subjective Law knows how to make it happen in your life. Just be aware of the insights and guidance your're given to do any outer action. So, bloom where you are planted in the Pittsburgh area. Do not wait for something in the future to happen to make you happy. You make you happy! It is your choice.

photo credit: Joyce Nowak  
The Author: Michael Mangus is the Spiritual Director at the Center for Spiritual Living Greater Pittsburgh in Carnegie, PA where he provides inspiration and guidance to others in their "blooming" and spiritual growth to discover and express their true magnificence. <http://www.cslgreaterpittsburgh.org/>



# Peaceburgh's Evolution in Revolution

By Tamar George  
(facilitator/protector of Peaceburgh.com)

Peaceburgh has always been about the Evolution in Revolution, but exactly what does that mean? Humans have done the same thing with the same result for eons. As the shift in consciousness happened for the newly awakened on the planet before or around 2012 a revolution of new thought began.

The evolution mantra is doing things differently which means we are going to stop living in fear which always creates a negative result. If thoughts are things, a good idea would be to let the collective awakened consciousness create a new fun loving world. As John Lennon sang, I'm a dreamer, but I'm not the only one. Let's visualize and create a world we all want to live in. Let us do it first by finding out what Peace within us means in our own evolution. How can we tackle our fear issues and live a peaceful life?

Some claim they have done this, and yet their outer world is in chaos. Let's say we are honest and have a handle on our inner turmoil. How can that Peace now live out in the world? It takes that inner work to manifest the outer results; it's finding out how to have a life based on positive, trusting beliefs.

There are actually those who do trust every day in this scary world. We could look to them as an example. Sometimes looking at the national picture will portray what our own revolution might look like. Bernie Sanders mentioned a revolution recently while visiting Pittsburgh ...the underlying principles of our government will not be based on greed, hatred, lies, racism, sexism, homophobia, or religious bigotry. The principles of government will be based on justice, social justice, racial justice and environmental justice.

Bernie also talked about how real change happens from the bottom up, when people stand up. Now for some reason you might not like Bernie, and that's okay, as long as you choose Love to represent you and someone who is the example of true integrity to represent all of us.



*The evolution in our own lives is standing up and saying here's how I can and we can love one another.*

That's what we do here in the burgh, we take the negative news and make it into a positive. We stand up and shout NOT ANYMORE and powerfully together start visualizing the way we want the world to be. We desire a world shifting for the highest good for all of us, creating the energy of unity, balance, beauty and Peace.

Pittsburgh is our world in which we collectively, consciously create Peace together. We send energy, we visualize, we live the example and together we spread our love. We live Peace because we are Peace. We are Peaceburgh. We are One. Join us on Facebook and Peaceburgh.com

<http://www.TamarGeorge.com>  
<https://www.facebook.com/Peaceburgh>  
<http://www.Peaceburgh.com>

# Occasional Contact

by Rebecca Harmon  
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*31 But those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint. [Isaiah 40:28 - 31]*

The book of Isaiah documents the scattering of the Hebrews from the land of Israel. Known as the Babylonian Exile, this period was quite difficult and is taught in traditional religions as punishment for idolatry and rebellion; for their casual and "occasional contact" with God. In *Practicing the Presence* Joel Goldsmith states that "...occasional contact with God, like the proverbial grain of truth, will work wonders; but we cannot expect a complete and perfect spiritual existence simply because once in awhile we remember to turn to God, or to devote a few hours to the study of spiritual books." Goldsmith writes that to "make a life of continuous good" we must pray without ceasing and explains that when we adopt this spiritual posture, "...the divine omnipotence and omniscience...goes before us to provide those things necessary for our existence."

Modern religion, traditional and metaphysical, sometimes wanders into "vending machine spirituality" in that we inadvertently present spiritual principles as a way to get stuff. Prosperity teachings are especially vulnerable to this.

And I get it - it's easier to teach complex spiritual principles by tying them to something concrete. People are easily distracted and interested in learning how to get more of the stuff they think they lack. Teaching how to manifest money is exciting; gets people's attention; it's easy to tally the successes; it can quickly turn skeptics into believers.



Except,... without deeper spiritual foundations, the tools become items of occasional use, resulting in occasional contact which falls short of the "complete and perfect spiritual existence" which results in bondage and exile; not the elevated experiences we were seeking when we first sought out an answer to life's challenges.

John Randolph Price's *Abundance Book*, included the following statement of principle: I keep my mind and thoughts off "this world" and I place my entire focus on God within as the only Cause of my prosperity. I acknowledge the Inner Presence as the only activity in my financial affairs, as the substance of all things visible. I place my faith in the Principle of Abundance in action within me.

We can avoid a Babylonian exile of our own if we follow the counsel of the prophet Isaiah, Goldsmith, Price and others who remind us to acknowledge the Inner Presence; to pray without ceasing; to wait upon the Lord (be cognizant of and abide in spiritual Law). And when we do, we will, with ease and effortlessness, mount up with wings like eagles, run and not be weary, walk and not faint as "...the divine omnipotence and omniscience...goes before us..." providing all we need.

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# Sacred Sanctuaries

By [Sandy Milczarek](#)

Author of Rebels from Olympus, an action-packed, spirit-filled teen novel. It's sequel, The Rebel's Call, was recently published. [www.sandymilczarek.com](http://www.sandymilczarek.com)

As above, so below  
– traditionally attributed to the Emerald Tablets of Hermes Trismegistus

My first impression, after the initial shock of the recent burning of the Cathedral of Notre Dame in France, was that of Quasimodo, in the 1939 film version of The Hunchback of Notre Dame, proclaiming “Sanctuary! Sanctuary!” as he displayed his precious Esmeralda in his arms while standing on a cathedral balcony. He had just swung down to rescue the gypsy girl from being hanged as a witch ([https://www.youtube.com/watch?v=v\\_p8khzyK-E](https://www.youtube.com/watch?v=v_p8khzyK-E)).

Sanctuary! I feel that we all should be proclaiming this sacred place for ourselves as we rescue and protect that wild and soulful gypsy-like part of ourselves from the crazy, chaotic war of worlds that rages at us from all sides. This kernel of self is delicate, precious and needs to be cherished – or else it will fold in upon itself, shrivel and, if not die, go to a place so hidden that we may not be able to recover if we aren't careful. This is the core of being that keeps us human so that we may respond to life with love, creativity and compassion.

What is a sanctuary? I found several definitions: a sacred place, such as a church, temple, or mosque; the condition of being protected or comforted; immunity to arrest; a place of refuge or asylum. I see it as a space within our homes which we can claim and proclaim that this is a holy space where we can breathe, meditate, contemplate, review, dream, create, vision and envision with that scared self that needs attention, but which we so often neglect.



Your sanctuary can be as simple as a chair in a quiet corner of your home – away from any form of interrupting media. Turn your phone off, too. This could be a bedroom, the basement, a closet, a hallway. Be creative as you look for that quiet space which exists somewhere in your home. How about an extra chair in the bathroom? Even the ritual of bath-taking can create sanctuary. Mine is a comfy chair, ottoman and small table in a corner of the living room.

If you can, outfit your spot with soulful comforts: a candle, pictures, crystals, a plant, a journal to write down thoughts. If space won't allow, a place to sit is enough. My outdoor sanctuary is the swing shown in the above photo. I have a city yard, but I make the best of it.

Be a little selfish with time to visit your sanctuary. If you have to make a date with yourself to parcel out that fifteen or twenty minutes with sacred self, that's what you commit to do. Your sanctuary is where you pull down bits and pieces of heaven into your own sacred self and make it your own. It's your divine inspiration. Your heavenly breath.

# Love EVolution

by Paulette Glover

[www.pauletteglover.com](http://www.pauletteglover.com)

While ‘Love is a Many Splendored Thing,’ as the song states, have you ever considered if Love could be a ‘Living Thing?’ That is, is Love evolving alongside all the other miracles of Earth? It's no surprise that Love and Earth share the same evolutionary connections.

The evolution of Earth-love provides us with food, shelter and gifts of beauty. Nature's gift of flowers offer love as children pick buttercups; a lover offers a red single rose as a symbol of promises to come; while a young girl counts the petals of a daisy: “He loves me, loves me not...”

Poems often use descriptions of Earth to declare depths of love... “I love you more than the deepest ocean....more than all of the grains of sand.... more than the highest mountain.”

Like a well-rehearsed symphony blends the sounds of many instruments into one harmonious melody, Earth-love is a maestro producing a tune where you close your eyes to hear the songs of nature---the patter of rain, the morning song of the birds and the nighttime music of peep frogs and crickets.

A quick search of the internet confirms how Earth-love is evolving in the animal kingdom: a hippo helps rescue an antelope stuck in mud; a monkey save a mouse from a snake; or an elephant befriending a dog as a companion. Compassion, Respect, Trust---it's all displayed in the nature of Earth's daily dance in the evolution of Love.



The only constant in nature is change and therefore everything on Earth is in the constant motion of evolution. So it stands to reason that as it is the nature of Earth to evolve, and if Earth is Love, then Love is a living thing evolving into One Consciousness.

The vibrational energy of the word ‘Love,’ connects the heart to your spiritual essence, essential for DNA repair and for transformation. At 528 HZ, ‘Love’ is known by scientists as the ‘Miracle’ tone. Lost for centuries, the Solfeggio tones were rediscovered in 1974 by Dr. Joseph Puleo. The frequency of “Love’ is believed to be the universal healer.

It's not the ‘Oh, Baby, Let Me Light Your Fire!’ kind of love, but rather raising the energetic vibration of a One Consciousness Love where the darkness of hate and fear are defeated in the hearts and minds of mankind.

Earth...Tones...Vibrations...OM...Love... As human brains evolved, so did the capacity to love. Nature's ‘love’ chemicals, Dopamine and Oxytocin, are naturally released to raise energetic vibrations with each tender touch and passionate kiss. As human consciousness grows from love, holding gratitude in a forgiving heart and a light-filled spirit, Love will continue to evolve along with Earth.

Einstein said that “Everything is energy and that's all there is to it.” We are energy beings. Love is energy. Mindful attention must be given to the evolution of love to awaken the level of compassion, empathy, and forgiveness that are desperately needed to raise human consciousness in today's world.



# Many Hands Makes Light Work

BY: Kevin May - AKA Philo-Lila

Back in my high school soccer practice, we would often move the giant 8ft by 24ft Metal Goal Box which weighs around 400 lbs! If one or two people tried to drag the post to mid-field, it would be extremely difficult and probably take fifteen minutes. But, when eight of our teammates all grabbed the goal at once, we could easily transport this giant structure in under a minute. Many hands make light work!

The principle of teamwork is why we have created a non-profit organization called “Team Pachamama.” We are focused on creating personal and global transformation on social and environmental levels through co-creative, community building events. Pachamama is a Quechua word, meaning Mother Earth, the ground which unifies our local and global community.

We’ve been building this team for the past nine years through our annual “Peaceful Gathering of Hands” events, and this year we have officially become a non-profit. We are very excited for this year’s big gathering, taking place at the Schenley Oval next to the ice rink on Sunday, July 7th from 12-7pm.

So much magic happens when diverse people and groups come from all over the city holding similar values of both personal and societal transformation. Past participants often express the profound sense of hope for humanity they feel when so many passionate and open-minded people come together for this common cause of improving our city and planet! Even with people you just met, joining hands in a huge peace circle feels like coming home to your soul family.

We are reaching out to businesses and individuals who are interested in supporting this one-day Peace Festival with a tax-deductible donation.



If you would like to help with this mission, please email Kevin May - [philopgh@gmail.com](mailto:philopgh@gmail.com)

Please watch our 2 minute video invite to this July’s 7th gathering, and RSVP on our [Facebook Event Page](#).

Peaceful Gathering of Hands two min. [Video](#)

Team Pachamama Page : <https://www.facebook.com/WeAreTeamPachamama/>





# Heart of Pittsburgh

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*HeartOfPittsburgh.com*

*Keep your face to the Sun and all shadows  
will fall behind you!*

Email Contact: [suzenrose@verizon.net](mailto:suzenrose@verizon.net)

~ Love to all, Susan Rose Bodhi Tree Magazine ~