

BODHI TREE

A Collaboration of Metaphysical, New Thought, Open Minded Spiritual
Groups and Lightworkers. Summer-Fall, 2019

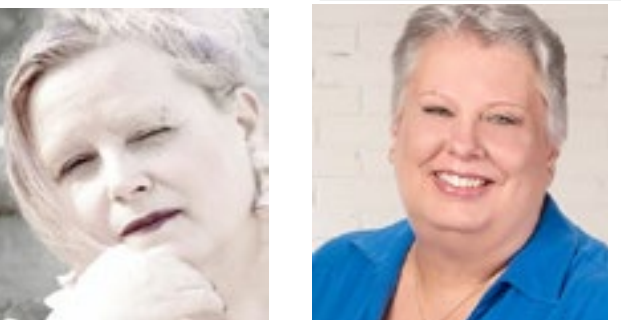




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*OUR AUTHORS AND READERS AGREE TO FORWARD THIS
MAGAZINE TO FRIENDS BY EMAIL,
SOCIAL MEDIA, & WEB SITES..
IT TAKES A COMMUNITY TO PROVIDE CIRCULATION
SHARE A LINK TO WWW.BODHITREEMAGAZINE.COM*



Are you a seeker?

Here are local places to go, things to do,
people to meet!

Where is a calendar of cool events?

<http://tinyurl.com/peaceburgh>

www.HeartofPittsburgh.com

sponsors the event calendar

link list, Meetup Group

<https://www.meetup.com/The-Pittsburgh-Metaphysics-Meetup-Group/>

and the Bodhi Tree Magazine.

The annual local directory of groups

can be found at

<http://www.bodhitreemagazine.com/2019directory.pdf>



The Bodhi Tree Magazine is a Collaborative of
spiritual light workers and groups in the

Greater Pittsburgh area.

<https://www.unityofpittsburgh.org/>



1stspiritualistchurch.org



<http://www.cslgreaterpittsburgh.org/>

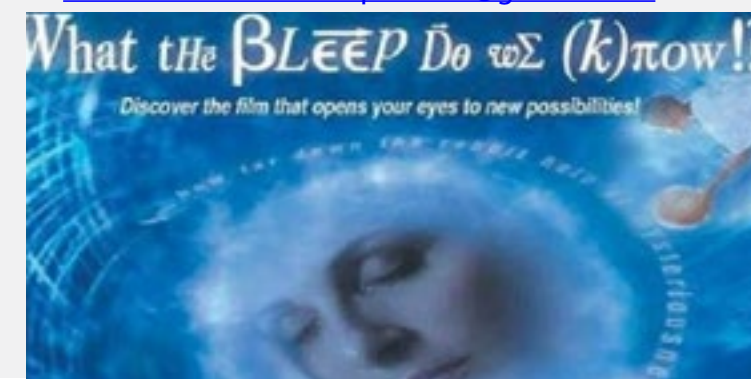


<http://omapittsburgh.org/>



[Pittsburgh Bleep-lons Group](http://PittsburghBleep-lonsGroup)

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HOW TO TRANSFORM OUR WORLD

by Kevin May/ Philo Lila
<https://www.teampachamama.net>
Art by Jessica Perlstein

The twenty witnesses then take on a secondary role as Storytellers, thus adding more energy to the situation. Through pictures, videos, and blog posts, they spread awareness about the Sacred Geometry chalk art to THOUSANDS of more people. Therefore, the Superpower of Storytelling entails utilizing a variety of mediums to share about a person, place, or thing, thus amplifying the overall energy of it.

The third Part of this Formula to Transform Our World is Replication / Co-Creation. This is when a Witness and/or Storyteller chooses to add more energy to a situation by actively replicating / co-creating with it. This can happen by replicating the initial action, directly collaborating with it, or taking inspired action in a new direction. For example, a few enthusiastic onlookers picked up some pieces of chalk and began drawing their own geometric designs a few feet away from Spiderman. Rather than simply observing the artist, or videotaping him, they dove right in and began co-creating alongside him! This added even more pizzazz to the whole scene, which attracted new curious people strolling by. As you can see, this 3-part formula creates a Snowball effect, which continues to build momentum. Witnessing, Storytelling, and Replication / Co-Creation can be applied to a wide variety of situations and can easily spread all across the globe. I encourage you to apply this magical formula wherever you see fit. Please join us at Team Pachamama events

Follow us on FB : <https://www.facebook.com/WeAre-TeamPachamama/>

Aquarius is a Nice Song

By Rick Di Clemente

readings available, see: www.starself.com

Yes, indeed, the 1969 song, *Aquarius (Let the Sunshine In)* has confused us for fifty years. Granted, it was a very pretty song. The lyrics, however, have led many of us astray. First of all, no one knows when the Age starts. These ages, approximately 2,050 years long, have been going on for, well, ages. An astrological age is one-twelfth of a 26,000 great age or orbit.

Due to an astronomical anomaly, the earth wobbles around its polar axis (the Precession of the Equinoxes). Thus, the North Pole points to one constellation for 2,025 years and then on to the next one. That orbit takes approximately 26,000 years and those ages travel backwards through the zodiac. From approximately 4,000 BC to 2,000 BC was the age of Taurus. The age of Aries followed from around 2,000 BC to the time of Christ.

Since Jesus, the age has backed into a new zodiac and we have been experiencing the Age of Pisces (two fishes) since then. We are very close to backing into the Age of Aquarius now. Because of the immense scale of said ages, it is very difficult, if not impossible, to gauge the exact date of the commencement of the Age of Aquarius.

The “cusp” or border between Pisces and Aquarius is not crystal clear. Some astrologers believe that the new age has already started, while others (including me) expect it soon; circa 2025 or so.

We will certainly feel the difference as Aquarian themes will abound. One major reason I suspect it to arrive a bit later is that I still don’t believe that most humans “get



it” when it comes to the main characteristic of Aquarius, i.e., working together as one world. Aquarius is a very idealistic sign. Certainly, we continue to struggle with the confusing energies of the Age of Pisces as millions of “religious” folks still are confused with the images of heaven and hell.

The Age of Aquarius should greatly help us to clear that up. You can feel that the change has already started. The lyrics to the song could not have been more off:

“When the moon is in the Seventh House, and Jupiter aligns with Mars, then peace will guide the planets and love will steer the stars”

1. In reality, in true astrology, the Moon travels through the 7th house once a day for about two hours. Nothing magical here.
2. Jupiter aligns with Mars. I’m assuming they meant a straight line, or a conjunction. Since Jupiter orbits the Sun once per twelve years and Mars every two, the two would align about every three years.
3. “Peace will guide the planets”. There is nothing peaceful about Mars, especially when it aligns with Jupiter. Lol.
4. “And love will steer the stars”. Nothing could be further from truth.

So, it’s a beautiful, memorable work from the talented group, The Fifth Dimension, but that’s about it. The words sounded nice.

On the other hand, we certainly know it is coming and not only welcome it but need it badly. It is THE energy we all need: brotherhood. Whenever it arrives.

Meditation for Body and Soul

by Shiela Forester



Meditation has been around for ages, especially in the Eastern hemisphere. However, it is rapidly becoming mainstream in the West. Science is proving that meditation has positive, health-affirming effects such as boosting the immune system, reducing stress and improving concentration. Nobel Prize winner biochemist Elizabeth Blackburn at the University of Southern California, San Francisco, is investigating whether meditation even slows down the aging process.

Aside from these enormous health benefits, the ultimate benefit of meditation is spiritual nourishment. Each time we bring the mind to stillness, we can connect with and experience the soul, that divine energy center which is our true essence. Author and motivational speaker Wayne Dyer said that ‘the soul can be found in the gap between our thoughts’. If we routinely sit down and quiet the mind, we can enter the domain of the soul itself. And within that space, we can experience indescribable bliss and serenity. We are inherently ‘wired’ to meditate, and there are countless practices available today. Just find a meditation that works for you and stick with it.

The difficulty that arises for most people is the distraction of noisy, busy modern life that creates a barrier between our personality and our soul. With consistency, meditation can dissolve that barrier and become a bridging mechanism linking the personality with the soul. That’s the real power of meditation and is foundational to anyone who seeks to live a spiritual life.

Often people who start to meditate are surprised by how busy and seemingly uncontrollable their thoughts are and so give up after only a short period of time. But meditation is like anything, the more you do it, the better you become at stilling your thoughts.

The personality will resist, telling you that you don’t have time to meditate. It thrives on activity and motion – motion of thoughts, of feelings, of physical movement. Meditation slows down this motion. But it is your soul that wants you to meditate so you can experience its higher qualities. With meditation you can remember who is in charge... your soul.

When we begin to meditate and experience even the slightest hint of the soul’s energy, we are drawn, and sometimes driven to serve in some way. The nature of the soul is to serve. An amazing meditation which is both a meditation and a service is Transmission Meditation, a free, open-to-the-public group endeavor which requires no prior meditation expertise. Most meditations employ a technique to give the mind something to focus on. With Transmission Meditation, the technique is to focus at the Ajna center, the sixth major etheric chakra located between the eyebrows. As you do, you align with the soul and become a channel to step-down spiritual energies for the benefit of humanity and the planet. It is the most potent form of meditation available today and will enhance any other spiritual practice.

In Pittsburgh, there are four Transmission Meditation groups. For more information, please visit <https://www.meetup.com/Pittsburgh-Transmission-Meditation/>, or phone/text 412-952-7974.

SOUL TRAVEL

THE ULTIMATE SPIRITUAL EXPERIENCE

By Betty J. Rapin



I was looking down from the ceiling at my physical self in a hospital bed, my husband holding my hand and crying. Instantly the hospital room was gone and I was in a picturesque meadow. All my spiritual senses were taking in the splendor of this vibrant place, filling me with awe-inspiring love and happiness.

This out-of-body experience started my quest to find out how I could repeat this type of happening. Thirteen years later I attended an event, ECKANKAR-The Ancient Science of Soul Travel. Five minutes into the first speakers talk, her words began to fade into silence when I heard a high-pitched sound and my entire being was embraced with love.

I was later told the sound I heard was one of the many sounds of God, the manifestation of Holy Spirit known as ECK. I also learned Soul Travel transcends astral or mind travel which is limited to the lower worlds. This was it! I found what I was looking for and much more.

Harold Klemp, the spiritual leader of Eckankar, The Path of Spiritual

Freedom writes, “Soul Travel is a very enriching part of Eckankar. Its main benefit is to let us tap into the wisdom and knowledge we’ve gained in the other worlds. Thus, we may enjoy a heightened state of awareness twenty-four hours a day.” –*Past Lives, Dreams and Soul Travel*.

When one achieves the ability to Soul Travel, functioning in the spiritual worlds while living in the physical, the perception from the viewpoint of Soul comes with clarity. Inner guidance from Holy Spirit is given and when followed can improve one’s life.

A Daily Contemplative Spiritual Exercise of ECK opens one’s heart to God’s unconditional love, strengthens the bond with Holy Spirit, and improves Soul Travel. For more about Soul Travel and ECK Spiritual Exercises visit <https://www.eckankar.org/soultravel.html>

Did you know that every time you go to sleep, Soul leaves the physical body during the dream state—Dream Travel—which is the first step to Soul Travel. Have confidence knowing that you already Soul Travel while you sleep and now you can learn

to do it while awake.

Condensed from *Spiritual Experience Guide Book* by Harold Klemp. A Gateway to Soul Travel: Before sleep shut your eyes and place your attention on the Spiritual Eye (above and between your eyebrows). Take a few deep breaths then sing HU in a long drawn out sound, HU-U-U-U. Look in the spiritual eye for your ideal holy person and say, “I give you permission to take me to the best place for my spiritual good.” Now visualize yourself in a familiar place.

ECKANKAR of Western PA is located at 4290 Old Wm. Penn Hwy, Monroeville PA, 15146. We welcome you to join events hosted at our center, the first Sunday of the month, a Light and Sound Service and third Sunday of the month, a Sound of Soul Event. For other events posted on <https://www.meetup.com/eckankarofpa/>

For information or questions call 412-856-3680 or email: wpaeck@gmail.com

HEALING AT A UFO CONFERENCE

BY: LARRY COUDRIET - LOCAL HOST OF
an ET CONTACT GROUP.

This article contains material on the Secret Space Program (SSP), related hidden technologies and reference to ET encounters. Reader discretion is advised! I am only offering the Truth (MY Truth, that is).

I was fortunate again in 2019 to attend the [Contact In The Desert](#) (CITD) Conference held from May 31 to June 3 at Indian Wells CA. I again stayed over on Monday following the conference for the Intensive sessions. There I heard both Emery Smith, (the subject of this report), and David Wilcock.

For those of you who follow Emery Smith, you will know of his enlistment in the USAF, and subsequently finding “after hours” employment at various military-industrial contractors. His area of expertise is biotechnology, tissue examination and extraction, and cellular analysis. His early work in this regard was done at the Kirtland AFB in Albuquerque, NM, in a Deep Underground Military Bases (DUMB).

If you are a current or past

viewer of Gaia TV you will remember that Emery was first introduced to us by David Wilcock. Now Emery does his own show on Gaia. While on Gaia, and here at CITD, Emery again speaks of many cures and treatments for disease, and Star Trek like medical equipment. For example, he revealed the existence of a diagnostic bed with 400x the power of a cat scan, that can pinpoint individual cells. He also discussed the existence of 3D printing of organs.

When Emery’s session reached the Q&A portion, and the line was short, I got in line. I intended to ask him about the amazing healing technology concerning a “healing bed” that I had previously heard about from Randy Cramer, an active member of the USMC. I first encountered Randy on the “Fade To Black” radio program with Jimmy Church some four years prior. At the time of that broadcast, I recall that Randy had reported being stationed on Mars in a combat unit and had engaged in active battles

with certain reptilian group indigenous to the planet. Randy described these off-world Martian battles, the chivalry practiced amongst the Reptilians, and as expected, the numerous resultant battle injuries and trauma. Randy’s discussion included the availability of medical and healing technologies that were provided through the Military Industrial Contractors while in operations on the Red Planet.

To my amazement, Randy then brought up the ability of being able to re-grow severed or damaged limbs that were lost in combat as a result of weaponry and explosions. Randy discussed all of this in a rather “matter of fact” way. Apparently to him, it was a routine matter to have severed limbs re-grown on the body. Emery Smith agrees! To learn more about healing technology, see Full Text on Larry Star Blog <https://larrystarblog.wordpress.com/2019/07/27/finding-healing-at-a-ufo-conference/>



How to Work With Unwanted Situations Energetically?

By: Irina Grundler

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Every day of our lives we encounter situations which we don’t like and still feel helpless to change them because almost always there is another person or persons involved. You might put a lot of effort trying to persuade this person (spouse, parent, friend, business partner, child, etc.) to change his behavior or at minimum understand that he is wrong. Of course, “wrong” is relative – it looks wrong from your perspective only and still not achieve any result.

Here’s a good example of what I am talking about: recently, I was contacted by a client who asked for help with relationships within her family. There are three brothers and three sisters with their spouses, all in their 50-s and 60-s and a mother who is still living independently, but needs lots of help and care. It seems that this kind of a situation should unite a family, but in the client’s case, the opposite happened: it brought out energies of greed, jealousy and manipulation from different members. What used to be a well-knit and loving family started falling apart very fast. This made my client very sad and she wanted to know if anything could be done about it.

We all know well that it is useless to try to change others; it is a waste of effort and energy. Still, there is something we can do!

Let’s talk about this from an energetic perspective and see how energetic information can help us find solutions to unwanted situations. Think about any relationship which involves several people as an energetic container: in the example above, the relationship between my client and her siblings is an energetic container.



Each party puts their own energetic charges into this container; but all chargers together tend to stay in balance for the container to exist.

If one party (my client, for example) changes the quality of energetic charges she puts into this mutual container, the other participants subconsciously will have to adjust their energetic input as well. This is the only way to keep the container in balance. I offered to do an EMF Balancing session with her. During this session we looked at all the charges she generates into her family relationships. Those that do not serve the unity of the container she was able to release, and at the same time she was able to add new charges supporting the unity and evolution of this container and reinforce the positive charge already existing in it.

I invite you to think about any unwanted situation/relationship in your life. What energies do you generate within this relationship? Do you invite the other party to match and accordingly balance energies of worry, dissatisfaction, or energies of understanding, compassion and support? Think about your own input (not the other person’s input), about how to change it and just do it!

Amazing things happen when we take conscious control of energies we generate into situations and/or relationships. Often the Universe shows us support in a way that we do not even expect. Just give it a chance!

Irina Grundler

www.pathtoawakening.net



Clarity at Pine Ridge

By Suzanne Bishop, MS

I am completely rested and recovered from a road trip of a lifetime.

For the more personal and spiritual story about this trip go here: <https://intuitz.com/the-ghosts-of-our-ancestors-whisper-unity/>.

I presented at The Pine Ridge Higher Consciousness Conference on Saturday, July 20 at 2:15pm. The man who presented after me told of a story of alien abduction and the dark departments of our military. Whitley Strieber spoke last, on Sunday and signed his new book, *The Afterlife Revolution*. This book was signed and gifted to me.

A Starseed named Ananda spoke on Saturday morning. He is a researcher and Human Hybrid who brings in as his mission the healing properties of the sacred hertz music tones and frequencies. He was the first to see the UFO that stationed itself above the bluff at the sacred Lakota Sundance Ceremony. Flares of plasma darted out of its lower and right sides. We all stood in awe. Look for a preview of Ananda this Fall, as he now has a program on Netflix.

All of the presentations were amazing. Some did resonate more for me than others. My own presentation was titled Psychological Aspects of Personhood as Starseed/Hybrid: Challenges to Identity. I presented my own research and ideas into the dualistic nature of identity development for Starseeds/Human Hybrids and also highly intuitive people. Many therapists bonded, and we are working on developing arts programs and healing programs using art and story for upcoming seasons at The All Nation Gathering Center and Pine Ridge Reservation in South Dakota.

I would not change a thing about this often times trauma-triggering trip.
Lessons: (And relearning on a higher octave)

1. Listen, listen, listen to your higher intuition. This comes in the form of Guides, Ancestors, Star Nations, Masters, Source.
2. The New Earth is here. 5D is here. We only step into it when we are ready. Unity is a milestone required to make that step. Once you are there, magic happens in the form of living miracles and what you ask for you get, if in alignment with Source. Flow is a miraculous journey.
3. Spirituality in the hands of those not ready for its power may degenerate into power over and control for control’s sake. Discernment is part of this duality.
4. I am a WARRIOR. Named that by the elders of that center in which I stayed.

Suzanne can be reached at intuitz.com.
She plans to write more for national media outlets, continue with both local and international clientele, write her books, and create art destined for publication.

YOU HAVE THE POWER TO CHANGE YOUR LIFE

By Carol A. Briney CarolABriney.com

You were born with all that you need to live the life of your dreams. You came here as the Divine Source in a human body. Unfortunately, just about all of us have been trained by our tribes, the media, and often times the man-made dogma of many organized religions that we are unworthy humans and that we must work hard, struggle and strive for everything that we want in this life.

What I have discovered over my forty plus years of spiritual study is that this way of living could not be further from the truth.

Have you ever watched the iconic movie *The Wizard of Oz*? If like most have watched this movie at one time, you likely remember that Dorothy had misguided thoughts about how things were in her life, just like we all do, so the law of attraction did what it is known to do and gave her more of what she was thinking. As the story goes on, Dorothy finds out that things weren’t all that bad and wants to get back to living her life from a different belief system. Keep in mind; it works that way for all of us. When we know better, we can do better.

Through the entire movie, Dorothy wished that things would change, she dreamed that things would change, she worried that nothing would change, and she even tried to give her power away to the Wizard. Does this sound familiar to you? Then when all else failed, Dorothy finally learned to trust in her own Divine Guidance and realized that there is no place like home for her. When she learned to “listen” and “trust” her Divine Self, she got home quickly and effortlessly. It is at this point of the movie where Glinda, the good witch, says one of my favorite truths to Dorothy. “You have always had the power, my dear, you just had to learn it for yourself.”

Well my glorious, magical, and miraculous, friend. You too, have always had the power. You were born to live the life of your dreams. So today I challenge you to start making the changes in your life that you would like. To do this, you need first to make a list of the things that are not working for you. Then, using that list write out the changes you want to see. Once you have the changes that you would like to see,



start to visualize that these changes have already taken place. Visualize how it looks, and most importantly how it feels to have allowed these changes into your life. The more you can realize how good it feels to have these changes occur, the better for you. Visualize in the present tense as if it has already happened and your life has changed for the better.

When you visualize these changes in your life, it is called the observer effect. Your mind thinks in pictures, and your unconscious mind drives your behavior. Your subconscious mind does not know the difference between something that actually has happened and a vivid visualization. As you keep visualizing your dreams and know how good it feels to have them, you will automatically change your thoughts and beliefs. As you make these changes, you will attract what it is that you genuinely want in your life.

Carol A Briney is an international motivational speaker, a spiritual trainer, an author, and a #1-rated podcast host. She joyfully lives in Pittsburgh.

NO WEAPON

PRACTITIONERSPATH.WORDPRESS.COM

BY [REBECCA HARMON](#)

Some subscribe to the Abraham-Hicks counsel to be careful with our “vibration” while others say “Vaya con Dios” – go with God. Christians talk about walking with Jesus and New Thought spiritual teachers speak of being “in the flow”.

These refer to living in alignment with Spiritual Law; staying connected to the Creator. This advice can seem trite – something we say as we leave a gathering of like-minded friends. But is there more to this than it seems?

The late Louise Hay taught that as we come into alignment with Spirit, we begin to get the “green lights and parking spaces”. She is referring to the way that life opens up in front of us when we walk a spiritual path.

This is not new advice. It hearkens back to ancient wisdom texts, such as the Hebrew scriptures. 17 No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the Lord, and their righteousness is of me, saith the Lord. (ISAIAH 54:17) Appreciating the timing and reminder that all things work together for Good helps me to stay in alignment. I have learned first hand that my job is to stay in peace, and let spiritual law exact the balance on things. And it always does. The Universe keeps a perfect balance sheet.

This is what the prophet Isaiah was telling the Hebrew people in chapter 54 verse 17 (above). Metaphysically, we could say: No weapon formed against me will succeed; and every word spoken against me in anger, jealousy, and viciousness will not harm me but will impact those who speak against me (because they are vibrating at a lower level and attracting the negativity they want to throw my way, into their own lives). This is the way life works.

Knowing this has stopped me from reacting in anger; and the more I make the peaceful pivot – the more



things work out for me in wonderful and miraculous ways.

Learning this has allowed me to remain in peace when things appear to put me in a difficult position. I know that regardless of appearances, I can relax; I am safe and truly – all is well. This has worked for me in financial circumstances, work scenarios, and more.

I’ve been so successful in this that when someone starts throwing shade my way or getting a ‘tude, I want to say, “you don’t want to go there – it’s not going to work out well for you,…” But I don’t. We must all evolve on our own timeline and in our own ways. I’m responsible for me, and so knowing what I do, I walk away in peace, assured that no weapon (or word) formed against me – no matter who aims it, no matter what it is – will be successful.

Rebecca is a popular speaker, teacher and writer who recently completed her studies in Consciousness with Centers for Spiritual Living and is a licensed Spiritual Practitioner.

Destiny’s Children

BY SANDY MILCZAREK

A person often meets his destiny on the road he took to avoid it.

--Jean de la Fontaine

Labor Day. To me, this holiday invokes the concept of destiny – boy, that’s a loaded word. Everyone, raise your hands – how many of you feel that the job/profession at which you labor is an answer to the call of destiny? You were born to work forty plus hours a week at the assigned tasks for this job. Yes? Maybe? No? How many possess the courage to ask this question of themselves? If you’re brutally honest with yourself, your answer could be a game-changer in your life. Does your life’s work strum across the chords of your heart with the answer of – Yes! This is what I’m meant to do.

Uh-oh. No? You work to pay your bills, feed and house you and yours, purchase the things you feel you need in your life to make you “happy” or “fulfilled”, fund your recreational activities that you squeeze into the bit of off-time you can grab. Do many people think about their destiny? So many distractions thwart us from asking the right questions about our life’s purpose: technology, social media, entertainment from all sides, the needs of family and friends, ad nauseum.

As an author of teen novels, destiny is a major theme for my two-book series, The Rebel’s Duet. In a one-two punch strategy, Rebels from Olympus presents the concept of identity; The Rebel’s Call follows up with purpose. My teen protagonist, Justus Appleyard, is told that he is the son of a Roman god and a mortal mother – identity. His destiny is divulged in the first novel, and after a tragic misfortune and some bad news, Justus decides



in the second novel to dismantle the bomb of his presumed destiny and do absolutely nothing about it. He was going to drift through life and stay out of everyone’s way lest he ruin more lives. Destiny has other plans for Justus.

Are today’s youth mindful of destiny as they consider their futures? Perhaps, especially if they are being raised by mindful parents who urge their children to follow their hearts when considering their life’s path. It doesn’t have to be referred to as destiny. Also, answering destiny’s call may be a part of a spiritual or religious teaching.

Then there are many who are being brought up in a materialistic way – to go for the big bucks, the prestige of a professional title. Yes, it can be someone’s destiny, too. We can’t judge. But, are they fulfilling some deep calling urge from within? They have to figure it out for themselves.

This is not meant as a high-brow approach to what is destiny. Of course, there are scads of material out there written by philosophers, poets, theologists, playwrights, novelists. Mine is practical and down home. Destiny is working with your given talents, whether as a vocation or an avocation, which make you thrive rather than survive. This Labor Day, consider what difference would it make in the fabric of this world if we all whistled with joy while we worked

Sandy Milczarek is the author of Rebels from Olympus, an action-packed, spirit-filled teen novel. It’s sequel, “The Rebel’s Call”, was published in May, 2019. Her website is: <https://sandymilczarek.wordpress.com/>

THE MAGIC OF LOVE

The topic tonight is Love - the I AM presence that loves you unconditionally and wants you to be passionately involved with life. Creation is a manifestation of love.

My children, if you see that and believe it and claim it as your truth, then you will not fall into the trap of so many men and women who are out there being needy and grasping at a relationship to make them whole. They are actually beautiful, completely whole, divinely blessed creatures of form, as they are.

So rather than seeking love in one special relationship, see it in the creation that you are manifesting and all around you. Then the loving relationship will enter if that's what you desire. You will have so much more to give it and bless it with your perspective which will bring joy to you and your lover in form.

Since many of your magical wishes involve drawing love into your life, I want to speak for a moment about human love between a man and a woman in a relationship.

We picked out the colors, that of black and white, for the candles. This is an expression of vibrational essence of masculine and feminine, that are like night and day, black and white. Like the yin/yang symbol that swirls the black into the white, in the blackness there is the one spot of white, and in the whiteness there is one spot of black. So too should you seek not to change your mate but to reflect him, balance him, to complement him, and to flow into the dance with him at opposite ends of the medicine wheel - turning, balancing each other.

You are whole and beautiful just as you are, so you need not a physical mate if you do not choose it. But for those who choose to roll with this circle dance of masculine and feminine love, and those who have with this wish especially on their wish list tonight, I wish to warn you. The love between humans is at times blissfully at one, understanding each divinity expressed in the other.

Intuitive*Channels

But, remember that you are humans, and as humans you are still evolving, still under development. Just as your road signs on Interstate 79, "temporary inconvenience/permanent improvement", so too you and your lover will know temporary inconveniences. These are improvements in your growth and your lover's growth, whether or not you remain together.

And this love in this human condition, yes it can be exhilarating but even in the best of situations can be bittersweet, can be painful. In that pain there is beauty, rather than regret, because it's the longing for the reunion that makes that welcome home kiss so sweet. And if the welcome home kiss does not arrive, be of hope and expectancy because joy cometh in the morning, as love will wash over you anew, just as the grasses grow and flowers bloom in the springtime.

It is the pain in the parting that brings about the joy in the renewal later. As Bette Midler sings in her song in the movie "Beaches", "That's the story of, that's the glory of love." So you who wish for a lover, and you who are granted this lover or lovers, be prepared for not only the joy and the happiness and the excitement and the exhilaration, but be prepared for holding your lover's hand as you sit in the doctor's office awaiting a diagnosis which may not be pleasant. Be prepared for the day that you must say goodbye, because all on Earth will dust return. Be prepared to meet with him/her again in spirit, on other planes, as love is eternal, and you'll never die. Be prepared to greet love in other aspects and forms, allowing the comfort of the waves of love to wash over and cleanse away any pain.

And so, my children, in this night with the magic of love being expressed in so many different ways, love all the world, and love your lovers, but be prepared for the sadness as well as the joy. Without this you would not appreciate the sweetness of the joy. Count your blessings, look at your life and see all the love that's already there, and thank yourself every day for manifesting all the love that you already possess. Peace to you. I am one with you, now and always.

SPIRITUAL CODEPENDENCE

By: Sara Sachs, Psychic Medium
412-298-4051
www.PsychicSara.net



The Spiritualist gated community of Lily Dale in Western NY has outdoor mediumship message services thrice daily. It is a three hour drive that many people from Pittsburgh take for a unique experience.

The Lily Dale outdoor services give me an opportunity to hone my skills in platform mediumship. For those of you who work with an audience, I'm sure you've had the experience of your spirit contact giving you wonderful information, only to see a sea of blank faces staring back. I used to let the contact go (with the silent recipient inevitably catching up with me later telling me they understood the message-facepalm!). Because of my training (as well as my innate Taurean stubbornness), I don't give up anymore, and make a connection to the recipient. That happened a couple of times on my last visit to the Dale.

After one of the services, a couple of men stopped me on the porch of the Maplewood Hotel and told me they liked my work, especially not giving up on a contact! Then one of them said something so simple, and yet so profound! "You're not responsible for a recipient not being connected or receptive enough to take the message!" I replied that it was spiritual codependence, and we all laughed.

Being a recovering alcoholic and codependent it really resonates with me. This also applies to psychic and mediumship sittings when there's no connection. The session ends early. We have to learn that we're not responsible for a client's preconceived idea of how the reading should go. When healers have a client not taking the energy, that isn't the worker's responsibility either. Clients in both instances are so blocked by grief, and/or anger, they're not ready to accept the healing.

Not long ago I heard a podcast from a British tutor who taught my platform mediumship abroad last year. He spoke of a woman so consumed with grief that he couldn't connect and had to end the sitting. He rescheduled months later. She was ready, and had a wonderful, healing session. His story brought back my experience of a sitting that didn't go well, but the rescheduled phone reading seven months later did! Her voice told me she was in a better space. He added an insight that was a revelation to me. When clients get unreceptive due to their unrealistic expectations, the loved one in spirit won't come through; they know that the sitter isn't ready to hear their message.

My own spiritual development ties in well with my recovery. I'm no more responsible for a sitter's lack of response than I was responsible for my ex's alcoholism! The realization of this is what makes for a better lightworker and person.

The Power of Daily Practice

by Pastor Michael Mangus
[Center for Spiritual Living Greater Pittsburgh](http://www.fumcpittsburgh.org/mystics-in-motion/)

As a minister, I often am asked, “How do I change my life around?” The one thing that I always recommend is for the individual to develop the habit of daily spiritual practices. Every time I think about the word “practice” I am reminded of the joke about the young man asking an older gentleman in New York City how do you get to Carnegie Hall. The response was, “Practice, Practice, Practice.” In the physical realm, we practice any physical skill to get better by using feedback.

If we or another notice something is not right, then we can make an adjustment to perfect our skill. However, in the spiritual realm, there is a different paradigm or set of principles. On the spiritual level, we are made in the image and likeness of our Creator as perfect, whole and complete. When we participate in the act of spiritual daily practice, it is not to make perfect who we are, but to bring forth the perfection already there.



So, what blocks our perfection from shining forth? There are many reasons, like past programming from our childhood and situations in the past from which we made assumptions like “the world is not safe” and “I am not enough.” The good news is that through changing our thinking daily, (and that is the key - daily), our outer world will shift and change. As the ancients taught, “As within, so without.”

So, to shift your life you must develop a daily spiritual practice. Here are some suggestions:

- Have a time daily to quiet the mind through meditation. Just sit in a comfortable position and focus on a word, phrase or spiritual truth. For beginners, I usually have them use a word like peace or love. Just breathe in peace and breathe out anything unlike peace.
- I usually spend some time then practicing the Presence of Spirit by asking for guidance and direction. I then listen. I feel the love

of God in, through and as me.

- From that light, I then do Spiritual Mind Treatments and affirmative thought with power and authority, believing that I already have received my request.
- Think about your goals during the day with a light touch. Think about what you want only! If you start to worry, then switch out the thought to the affirmative.

Dr. Ernest Holmes wrote “If one were to make a complete mental picture of himself as he would like to be, filling in all the details of his desire and trying to accept the whole thing as a present reality, he would soon demonstrate that the control of affairs is from within and not from without; the cause being that whatever exists as a mental picture in Mind must tend to, and finally does take form if the picture is really believed in and embodied.”

And this is done daily!

MYSTICS IN MOTION

By: Rev. Dr. Gail Sofia Ransom
<http://www.fumcpittsburgh.org/mystics-in-motion/>

Since the Universe is always in motion, then why do we expect to connect to its mysteries by sitting still?

I suppose that question is a bit unfair. Most of us have had very important mystical experiences while seated, legs crossed, eyes closed, arms in a mudra. But introverted meditation has been oversold during this current blossoming of spiritual consciousness, at the expense of extroversion. And in these times, when so much is at stake in the heart of the human family and in the treatment of our beautiful Earth, it is urgent that we move beyond private experience as our path to mystical union.

Think of the last time you felt truly alive and at one with the world. Were you by yourself with your eyes closed, or were you laughing with friends, dancing to good music, marveling at a summer flower, offering your help, or linked arm in arm in a protest march? The good news is that these activities can be as mystical as any private spiritual practice. When the divine energies of the universe move through you with a love larger than your own, sweeping you up in the wake of its creative action, then you are being carried into mystical motion.

Becoming a Mystic in Motion takes practice. It takes practice to recognize the stirrings within you as emanations of divine creativity. It takes practice to respond and let a love larger than yourself carry you into unpredictable involvement. It takes practice to keep your own mind from editing and redefining the situation. It takes practice to give in to a purpose larger than you can comprehend. Practices such as these require company. They require a context of creativity and trust.

Every Wednesday evening at 7pm, Mystics in Motion meets at First United Methodist to practice active mysticism together. We follow a basic outline, beginning with drumming and ending with prayer, which can change at any moment when we feel moved.



A chant, a funny comment, an entrusting of personal truth, or a new way to play with the theme of the night could move us in a new direction. Our practice is to give up what we planned and go with divine creativity.

We have developed this spontaneous creativity during the fourteen years we called ourselves the Worship Jam. But we were not just jamming. We were moving, dancing, drumming, gathering into small groups, painting, and creating soundscapes, laughing as much as praying, and addressing the spiritual machinations of the universe as much as sacred texts. Each of the activities took us deeper until we needed to re-name ourselves as Mystics in Motion.

Becoming a mystic in motion opens up new possibilities both for you and your world. If you stay open to divine urgings throughout your days, you can become a creative part of the constant cosmic transformation. Pay attention to the energy coming through you, bigger than life, and allow it to catch you up in its celebrations, recreating our world in ordinary but blissful ways. That is the essence of a mystic, one who finds pure joy in opening to the creative spirit of the universe.

Wednesdays at 7pm
First United Methodist Church
5401 Centre Ave, Pittsburgh, PA 15232
<https://www.fumcpittsburgh.org/im-new/map-and-directions/>

**BLUEPRINT
FOR HOLISTIC HEALING:**

**Your Practical Guide to
Body-Mind-Spirit Health**

Dr. C. Norman Shealy, MD, PhD

Blueprint For Holistic Healing: Your Practical Guide to Body-Mind-Spirit Health

Norm Shealy, MD will be in Pittsburgh **Oct 26, 2019** Drawing on his lifetime of experience as a medical doctor and holistic practitioner, Dr. Shealy will take you on a journey into the world of medical intuition--a science of the soul--where you will learn to balance your own physical and psychological states to create healing and wholeness.

Scroll down to October 26 in the event listing at www.edgarcayce.org/events/event-listings/ for details

9am to 4:30pm [Hilton Garden Inn-](#) Pittsburgh Airport Free Parking. PAT Bus to airport, Globe shuttle to Hotel. Please contact the hotel directly at 412-205-5400 for Globe Shuttle.

Admission starts at \$89 through \$139 depending on date of registration and ARE membership. Register by phone 800-333-4499

41st ANNUAL POW WOW September 28th and 29th, 2019

Noon to 7:00 p.m. (rain or shine) Donations:
Adults-\$6.00, Elders & Children under 12- \$4.00
Group rates also available

120 Charles Street, Dorseyville, PA 15238-1027
412-782-4457 or www.cotraic.org

Singing, Drumming, Dancing, Arts, Crafts, Native Foods. No illegal drugs or alcohol allowed

From Pittsburgh: Take Route 28 to Exit 5B, Etna/ Route 8. Follow Route 8 for three traffic lights. (K Mart is on your right.) Turn right onto Saxonburg Blvd. Stay on Saxonburg Blvd. for six miles. See parking signs.

Native American Vendors and Dancers For more information, call or e-mail Mike Simms 412-292-7683 msimms606@aol.com or Russ Simms rsimms3671@msn.com

New to Native American Events?

Attendees simply are required to show common sense respect for the dance ground. Only authorized people are allowed on the dance ground unless the pow wow director makes an announcement that the public can come down and dance or participate in the activity. Photos can only be taken of dancers while they are actually dancing.

If a photo is desired of a dancer who is not currently dancing, permission must first be asked of the dancer before photo is taken.



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Note from the Editor, Susan Rose:

Bodhi Tree Magazine is published seasonally, as well as an annual directory of groups.

Most of the time, event listings are not published, due to the timing not being right for the release date of the magazine. Events are usually directed to HeartofPittsburgh.com event calendar.

<http://tinyurl.com/peaceburgh>

Nevertheless, this issue includes information on three great events, since the timing is perfect for this issue to let you know about them.

Coming up- a day-long conference from a metaphysical and holistic MD, (Norm Shealy, MD), an annual Pow Wow of local Native Americans, the 3rd annual MindBodySpiritHealingExpo.com There are over 100 booths and tons of free talks to hear over the two day period. Come and join us there! Admission only \$10. \$15 for the weekend. Circle the dates: September 28-29, 2019 There is so much to do in the Greater Heart of Pittsburgh/ Peaceburgh Area!

The Power of Words

By Maryann Hackworth
www.UnityOfPittsburgh.org

Every word we speak is saturated with energy. Words have the power to create or destroy. Jesus taught this truth principle: “By your words you shall be justified and by your words you shall be condemned.”

It is we who decide how to use the power of words to affect our world. As spiritual beings having a physical experience, we have been given free will, and the magnificent opportunity to co-create with the Divine Mind. Tools of creation have also been generously provided by the Creator: they are our thoughts, words and actions. Contemplate this idea:

How skillfully may I wield the tool of my spoken words?

Affirmation

I am able to express myself with words of love and appreciation!

Words to think about

“Raise your words, not your voice. It is rain that grows the flowers, not thunder.”
-Rumi

“Better than a thousand hollow words, is one word that brings peace.”
-Buddha

“Words are also seeds, and when dropped into the invisible spiritual substance, they grow and bring forth after their kind.”
-Charles Fillmore

Heart of Pittsburgh



HeartOfPittsburgh.com

*Keep your face to the Sun and all shadows
will fall behind you!*

CALENDAR - <http://tinyurl.com/peaceburgh>

Love Bodhi Tree? You can download and read all past issues at
www.bodhitreemagazine.com

Also, an annual directory of Pittsburgh area spiritual groups is available at
<http://www.bodhitreemagazine.com/2019directory.pdf>

email is suzenrose@verizon.net

~ Love to all, Susan Rose Bodhi Tree Magazine ~